

Nutrition & Dietetics BS

FOUR-YEAR ACADEMIC PLAN

12 Required Core Credits

18 Flexible Core Credits

12 College Option Credits

80 Major Credits

0 Elective Credits

122 Total

This 4-year academic plan is designed to help freshmen entering Queens College in Fall 2019 plan their academic career and ensure that they complete all requirements for graduation in a timely fashion. All other students should consult their academic and department advisors to chart their own 4-year academic plans. Students should note that course pre-requisite/s and co-requisite/s are strictly enforced and they should regularly meet with their department advisors to identify their specific major/minor requirements and entrance and maintenance criteria (if applicable) for successful completion of their degree.

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Freshman

FALL

English Composition I (EC1)	3 credits
World Cultures & Global Issues (WCGI)	3 credits
US Experience in its diversity (USED)	3 credits
Creative expression (CE)	3 credits
PSYCH 101 (SW)	4 credits

Fall total credits **16 credits**

SPRING

English Composition II (EC2)	3 credits
Foreign Language (LANG)	4 credits
PSYCH 1073+1071 (MQR)	4 credits
Minor or general electives**	4 credits

Spring total credits **15 credits**

Sophomore

FALL

FNES 101 (LPS)	3 credits
The Science of Foods	
CHEM 101.3&101.1 (SW)	4 credits
Basic Chemistry	
Individual and Society (IS)	3 credits
College Option Literature (LIT+W)	3 credits
With Writing Intensive Unit*	
One FNES department approved elective	3 credits

Fall total credits **16 credits**

SPRING

FNES 203	3 credits
Meal Planning & Meal Management	
FNES 260	3 credits
Research Methods in Nutrition	
BIOL 40 (SCI)	4 credits
Anatomy & Physiology I	
CHEM 102.3&102.1 (SCI)	4 credits
Basic Organic Chemistry	

Spring total credits **14 credits**

*If a Literature course is taken with a W, it will count towards Literature and one Writing Intensive Unit.

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.

FNES 101 – Minimum Grade B.

All other courses required for the Nutrition and Dietetics Major require a C or better. If a grade below C is earned a student may repeat the course once. If a grade below C is earned upon repeating the course the student must change their major.

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Junior

FALL

FNES 263 Nutrition I	3 credits
FNES 104 Social, Cultural, & Economics Aspects of Food	3 credits
FNES 147 Family Relations	3 credits
BIOL 41 Anatomy & Physiology II	4 credits
Minor or general electives	2 credits

Fall total credits **15 credits**

SPRING

FNES 264 Nutrition II	3 credits
FNES 275 Institutional Management	3 credits
FNES 368 Life Cycle & Community Nutrition	3 credits
CHEM 103.3 & 103.1 Basic Biochemistry	4 credits
Minor or general electives	2 credits

Spring total credits **15 credits**

Senior

FALL

FNES 365 Nutrition Assessment	3 credits
FNES 378 Quantity Food Purchasing, Production & Equipment	3 credits
FNES 337 Nutrition Counselling & Education	3 credits
FNES 300 Seminar in Nutrition & Dietetics	2 credits
Minor or general electives	4 credits

Fall total credits **15 credits**

SPRING

FNES 307W (W) Experimental Food Science	4 credits
FNES 366 Medical Nutrition Therapy	3 credits
BIOL 44 Food & Human Microbiology	4 credits
Minor or general electives	4 credits

Spring total credits **15 credits**

**General Electives: Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete an internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.