

**QUEENS COLLEGE**

# Nutrition & Dietetics BS

FOUR YEAR ACADEMIC PLAN

12

Required Core Credits

18

Flexible Core Credits

12

College Option Credits

80

Major Credits

0

Elective Credits

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120

Total

This 4-year academic plan is designed to help freshmen entering Queens College in Fall 2020 plan their academic career and ensure that they complete all requirements for graduation in a timely fashion. All other students should consult their academic and department advisors to chart their own 4-year academic plans. Students should note that course pre-requisite/s and co-requisite/s are strictly enforced and they should regularly meet with their department advisors to identify their specific major/minor requirements and entrance and maintenance criteria (if applicable) for successful completion of their degree.

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### Freshman

#### FALL

English Composition I (EC1)	3 credits
World Cultures & Global Issues (WCGI)	3 credits
US Experience in its diversity (USED)	3 credits
Creative expression (CE)	3 credits
PSYCH 101 (SW)	4 credits

**Fall Total Credits**

**16 credits**

#### SPRING

English Composition II (EC2)	3 credits
Foreign Language (LANG)	4 credits
PSYCH 1073+1071 (MQR)	4 credits
Minor or general electives**	4 credits

**Spring Total Credits**

**15 credits**

### Sophomore

#### FALL

FNES 101 (LPS)	3 credits
The Science of Foods	
CHEM 101.3&101.1 (SW)	4 credits
Basic Chemistry	
Individual and Society (IS)	3 credits
College Option Literature (LIT+W)	3 credits
With Writing Intensive Unit*	
One FNES department approved elective	3 credits

**Fall Total Credits**

**16 credits**

#### SPRING

FNES 203	3 credits
Meal Planning & Meal Management	
FNES 260	3 credits
Research Methods in Nutrition	
BIOL 40 (SCI)	4 credits
Anatomy & Physiology I	
CHEM 102.3&102.1 (SCI)	4 credits
Basic Organic Chemistry	

**Spring Total Credits**

**14 credits**

\*If a Literature course is taken with a W, it will count towards Literature and one Writing Intensive Unit.

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.

FNES 101 – Minimum Grade B.

All other courses required for the Nutrition and Dietetics Major require a C or better. If a grade below C is earned a student may repeat the course once. If a grade below C is earned upon repeating the course the student must change their major.



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### Junior

#### FALL

FNES 263	3 credits
Nutrition I	
FNES 104	3 credits
Social, Cultural, & Economics Aspects of Food	
BIOL 41	4 credits
Anatomy & Physiology II	
Minor or general electives	5 credits

**Fall Total Credits 15 credits**

#### SPRING

FNES 264	3 credits
Nutrition II	
FNES 275	3 credits
Institutional Management	
FNES 368	3 credits
Life Cycle Nutrition	
CHEM 103.3 & 103.1	4 credits
Basic Biochemistry	
Minor or general electives	2 credits

**Spring total credits 15 credits**

### Senior

#### FALL

FNES 365	3 credits
Nutrition Assessment	
FNES 378	3 credits
Quantity Food Purchasing, Production & Equipment	
FNES 337	3 credits
Nutrition Counselling & Education	
FNES 300	2 credits
Seminar in Nutrition & Dietetics	
Minor or general electives	4 credits

**Fall Total Credits 15 credits**

#### SPRING

FNES 307W (W)	4 credits
Experimental Food Science	
FNES 366	3 credits
Medical Nutrition Therapy	
BIOL 44	4 credits
Food & Human Microbiology	
FNES 382 Community Nutrition	3 credits
General electives	1 credit

**Spring Total Credits 15 credits**

**\*\*General Electives:** Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete an internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.