Join Director Daniel Irizarry in this one-week theatre lab, which uses Molière’s play *The Misanthrope* as a springboard to focus on the actors training, instincts, conditioning, coordination, and concentration. To dive deeper into this play, we will use elements of *Commedia dell’arte*, Meyerhold’s biomechanics and études, Alfred Jarry’s pataphysics, Grotowski’s plastiques, Dalcroze’s eurhythmics, Linklater vocal methods, Laban effort actions, basic acrobatics, iconography, and improvisational exercises. We will push our bodies to the limit to awaken new possibilities. Participants must come ready to play and sweat. Movement clothing is required.

Daniel Irizarry is directing and adapting the Spring 2022 Drama, Theatre and Dance Department’s mainstage production of *The Misanthrope* by Molière. Irizarry is co-artistic director of One-Eighth Theater which seeks to bring out the physical extremes of the actor connected to the inner life of the character, to tell a story through the means of the actor, and to explore the necessity of the human being and the visceral connection of human nature. The tip of an iceberg is only one-eighth of what’s there; so much more lies beneath the surface.