

Queens College - Department of Family, Nutrition, and Exercise
Major: Family and Consumer Sciences
Specialization
HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS)
PROGRAM REQUIREMENTS

This program is for students interested in working with individuals, families and children in such settings as family service agencies, family service departments of hospitals and clinics, financial institutes, financial counseling agencies, consumer agencies nursing homes for the aged, adolescents' and children's residencies, day care centers, departments of social welfare, etc. This specialization is recommended for those wishing to obtain an advanced degree in social work, marriage and family counseling, school counseling, mental health, child and family studies, human resources management, or consumer studies.

Note. Students should to go to the Academic Advising Center, Kiely Hall, Room 217, for complete information of general education requirements.

PROGRAM REQUIREMENTS (Total: 55 credits)

* FNES 140: Child Development and Parenting		3 cr.
FNES 147: Family Relations		3 cr.
FNES 151: Families as Consumers		3 cr.
* FNES 153: Family Resource Management		3 cr.
FNES 163: General Nutrition (OR FNES 263 & 264 Nutrition)		3 cr.
* FNES 248: Problems in Marriage and Family	(FNES 147 Prereq.)	3 cr.
** FNES 249: Child and Family Policies	(FNES 147 Prereq.)	3 cr.
** FNES 250: Research Methods in HDFS	(FNES 147 Prereq.)	3 cr.
** FNES 251: Child Life: Coping with Medical Problems	(FNES 140 Prereq.)	3 cr.
** FNES 256: Counseling Sexuality	(FNES 147 Prereq.)	3 cr.
* FNES 345: Theories of Lifespan Development	(FNES 147 Prereq.)	3 cr.
** FNES 347: Families in Cross-Cultural perspectives	(FNES 147 Prereq.)	3 cr.
* FNES 348: Family and Community Program Development	(FNES 147 Prereq.)	3 cr.
** FNES 349: Family Issues and Conflict Resolution	(FNES 248 Prereq.)	3 cr.
* FNES 360: Professional Development and Ethics		3 cr.
FNES 376: Fieldwork – Community		3 cr. (1+2)

REQUIRED OUT-OF-DEPARTMENT COURSES (7 credits)

PSYCH 107(Statistical Methods) OR SOC 205 (Social Statistics)	4 cr.
Biology 22 (Introduction to Human Physiology)	3 cr.

*Offered Fall only **Offered Spring only

- Please note that students must have a C or better in all courses listed above.
- A student may not repeat a major course more than once beyond the initial enrollment in the course.
- Students should take the Statistics and Biology courses after their first semester in the program and no later than their third semester.

HDFS Coordinator & Advisor – Dr. Mihaela Robila
HDFS Advisor – Dr. Elizabeth Riina

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