PHILOSOPHY 120: Food & Identity, Spring 2020
Wednesdays 1:40 - 4:30 PM PH 152
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Class Number: 14965

What we eat can speak volumes about ourselves, revealing stories -- and flavors -- shaped by time and movement and environment. What we eat is shaped by the climate and physical attributes of the land our ancestors came from and grew up in; what was happening in our neighborhoods or our countrysides or our political systems as we were growing up, who once colonized or enslaved or invaded or welcomed whom; how much freedom or financial security we had to make decisions about what food we could buy or eat or where we could go to do those things, and today, what flavor or fruit we may seek out from someplace far away to cook for our families because it’s what we always have done.

This class will explore the ways our food roots us to our families, neighborhoods, communities, and histories. We will focus on the food that is most available and meaningful to us, and use it as a lens for better understanding who we are, and our places within this context.