This 4-year academic plan is designed to help freshmen entering Queens College in Fall 2018 plan their academic career and ensure that they complete all requirements for graduation in a timely fashion. All other students should consult their academic and department advisors to chart their own 4-year academic plans. Students should note that course pre-requisite/s and co-requisite/s are strictly enforced and they should regularly meet with their department advisors to identify their specific major/minor requirements and entrance and maintenance criteria (if applicable) for successful completion of their degree.
# QUEENS COLLEGE

## Physical Education BS

### FOUR-YEAR ACADEMIC PLAN

### Freshman

**FALL**
- English Composition I (EC1) 3 credits
- FNES 10* 1 credit
- Introduction to Skill Assessment & Physical Education Standards
- World Cultures & Global Issues (WCGI) 3 credits
- US Experience in its diversity (USED) 3 credits
- Creative expression (CE) 3 credits
- Individual and Society (IS) 3 credits

**SPRING**
- English Composition II (EC2) 3 credits
- PSYCH 1073+1071* or SOC 205* (MQR) 4 credits
- Statistical Methods
- FNES 12 1 credit
- Basketball, Volleyball, Soccer 1 credit
- Badminton, Tumbling
- OR FNES 13 Folk Dance
- An Additional Flexible Core 3 credits

**Fall total credits** 16 credits

**Spring total credits** 15 credits

### Sophomore

**FALL**
- FNES 160* 3 credits
- Principle & Foundation of Physical Ed.
- BIOL 40* (LPS) 4 credits
- Anatomy & Physiology I
- FNES 253 3 credits
- The Psychology of Sport Participation
- 1 FNES 12 1 credit
- Basketball, Volleyball, Soccer, Softball 1 credit
- Badminton, Tumbling
- OR FNES 13 Folk Dance
- Foreign Language (LANG) 4 credits

**SPRING**
- SEYS 201W (W) 3 credits
- Historical, Social, & Philosophical
- Foundation of Education
- FNES 230 3 credits
- Exercise, Energy Balance, and Weight Control
- FNES 343 3 credits
- Motor Learning & Performance
- BIOL 41* (SV) 4 credits
- 1 FNES 12 1 credit
- Basketball, Volleyball, Soccer 1 credit
- Badminton, Tumbling
- OR FNES 13 Folk Dance

**Fall total credits** 16 credits

**Spring total credits** 15 credits

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*FNES 10 – Minimum grade B
*PSYCH 1073 + 1071 or SOC 205 – Minimum passing grade
*FNES 160 – Minimum grade B
*BIOL 40 and *BIOL 41 - Minimum passing grade
*FNES 161W – Minimum grade B
*FNES 266 – Minimum grade B
*FNES 369 – Minimum grade B

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.
**General Electives:** Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete an internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.

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### QUEENS COLLEGE

**Physical Education BS**

**FOUR-YEAR ACADEMIC PLAN**

#### Junior

**FALL**
- FNES 161W* (W) 3 credits
  - Introduction to Teaching Physical Education
- FNES 342 3 credits
  - Physiology of Muscular Activity
- SEYS 221 3 credits
  - Development & Learning in Middle Childhood & Adolescence
- SEYS 340 3 credits
  - Language, Literacy, & Culture in Education
- 1 credit FNES 12
  - Basketball, Volleyball, Soccer, Softball
- College Option Science (Science) 3 credits

**SPRING**
- FNES 369* 3 credits
  - Methods for Teaching Secondary Physical Education
- FNES 146 3 credits
  - Sport Skills Analysis
- FNES 212 1 credit
  - Teaching & Assessment of Team Activity
- FNES 214 1 credit
  - Teaching & Assessment of Individual/Dual Activity
- SEYS 350 3 credits
  - Cognition, Technology, & Instruction For Diverse Learners
- ECPSE 350 3 credits
  - Foundation of Special Education

**Fall total credits** 16 credits

**Spring total credits** 16 credits

#### Senior

**FALL**
- FNES 266* 3 credits
  - Physical Education: Pre-School Through Elementary School Levels
- FNES 143 1 credit
  - Fundamental Motor Skills
- FNES 235 3 credits
  - Analysis of Human Movement
- FNES 311 3 credits
  - Physical Fitness & Training Programs
- EECE 310W 3 credits
  - Children in Cultural Context I
- FNES 381 3 credits
  - Special Physical Education

**SPRING**
- FNES 379 6 credits
  - Student Teaching in Physical Education
- An Additional College Core 3 credits
- Second major, minor, or general electives 7 credits

**Fall total credits** 14 credits

**Spring total credits** 16 credits

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*General Electives: Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete an internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.*