

QUEENS COLLEGE

# Physical Education BS

FOUR YEAR ACADEMIC PLAN

12

Required Core Credits

18

Flexible Core Credits

12

College Option Credits

80

Major Credits

0

Elective Credits

*This 4-year academic plan is for freshmen entering Queens College in Fall 2021. Our 4-year academic plans are illustrative examples of integrated degree requirements and course sequencing for each of the College's programs of study which are designed to ensure degree completion in a timely manner. Students are advised to meet with professional and faculty advisors to tailor their degree maps to their individual interests (academic and career goals), as well as other considerations including course offerings and the incorporation of winter and summer sessions. Course pre-requisite/s and co-requisite/s are strictly enforced, as are entrance and maintenance criteria (if applicable) for the successful completion of the degree.*

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# Physical Education BS

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### Freshman

#### FALL

English Composition I (EC1)	3 credits
FNES 10*	1 credits
Introduction to Skill Assessment & Physical Education Standards	
World Cultures & Global Issues (WCGI)	3 credits
US Experience in its diversity (USED)	3 credits
Creative expression (CE)	3 credits
Individual and Society (IS)	3 credits

**Fall total credits** **16 credits**

#### SPRING

English Composition II (EC2)	3 credits
PSYCH 1073+1071* or SOC 205* (MQR)	4 credits
Statistical Methods	
I FNES 12	1 credits
Basketball, Volleyball, Soccer	
I FNES 14	1 credits
Badminton, Tumbling	
OR FNES 13 Folk Dance	
An Additional Flexible Core	3 credits
College Option Literature (LIT)	3 credits

**Spring total credits** **15 credits**

### Sophomore

#### FALL

FNES 160*	3 credits
Principle & Foundation of Physical Ed.	
BIOL 40* (LPS)	4 credits
Anatomy & Physiology I	
FNES 253	3 credits
The Psychology of Sport Participation	
I FNES 12	1 credits
Basketball, Volleyball, Soccer, Softball	
I FNES 14	1 credit
Badminton, Tumbling	
OR FNES 13 Folk Dance	
Foreign Language (LANG)	4 credits

**Fall total credits** **16 credits**

#### SPRING

SEYS 201W (W)	3 credits
Historical, Social, & Philosophical Foundation of Education	
FNES 230	3 credits
Exercise, Energy Balance, and Weight Control	
FNES 343	3 credits
Motor Learning & Performance	
BIOL 41* (SW)	4 credits
I FNES 12	1 credit
Basketball, Volleyball, Soccer	
I FNES 14	1 credit
Badminton, Tumbling	
OR FNES 13 Folk Dance	

**Spring total credits** **15 credits**

- \*FNES 10 – Minimum grade B
- \*PSYCH 1073 + 1071 or SOC 205 – Minimum passing grade
- \*FNES 160 – Minimum grade B
- \*BIOL 40 and \*BIOL 41 - Minimum passing grade
- \*FNES 161W – Minimum grade B
- \*FNES 266 – Minimum grade B
- \*FNES 369 – Minimum grade B

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.

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### Junior

#### FALL

FNES 161W* (W) Introduction to Teaching Physical Education	3 credits
FNES 342 Physiology of Muscular Activity	3 credits
SEYS 221 Development & Learning in Middle Childhood & Adolescence	3 credits
SEYS 340 Language, Literacy, & Culture in Education	3 credits
1 FNES 12 Basketball, Volleyball, Soccer, Softball	1 credit
College Option Science (Science)	3 credits

#### Fall total credits

16 credits

#### FALL

FNES 369* Methods for Teaching Secondary Physical Education	3 credits
FNES 146 Sport Skills Analysis	3 credits
FNES 212 Teaching & Assessment of Team Activity	1 credit
FNES 214 Teaching & Assessment of Individual/Dual Activity	1 credit
SEYS 350 Cognition, Technology, & Instruction For Diverse Learners	3 credits
ECPSE 350 Foundation of Special Education	3 credits

#### Fall total credits

14 credits

\*\*General Electives: Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete and internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.

#### SPRING

FNES 266* Physical Education: Pre-School Through Elementary School Levels	3 credits
FNES 143 Fundamental Motor Skills	1 credits
FNES 235 Analysis of Human Movement	3 credits
FNES 311 Physical Fitness & Training Programs	3 credits
EECE 310W Children in Cultural Context I	3 credits
FNES 381 Special Physical education	3 credits

#### Spring total credits

16 credits

#### SPRING

FNES 379 Student Teaching in Physical Education	6 credits
An Additional College Core	3 credits
Second major, minor, or general electives	7 credits

#### Spring total credits

16 credits