

# Physical Education BS

## FOUR-YEAR ACADEMIC PLAN

**12** Required Core Credits

**18** Flexible Core Credits

**12** College Option Credits

**80** Major Credits

**0** Elective Credits

---

**120** Total

This 4-year academic plan is designed to help freshmen entering Queens College in Fall 2018 plan their academic career and ensure that they complete all requirements for graduation in a timely fashion. All other students should consult their academic and department advisors to chart their own 4-year academic plans. Students should note that course pre-requisite/s and co-requisite/s are strictly enforced and they should regularly meet with their department advisors to identify their specific major/minor requirements and entrance and maintenance criteria (if applicable) for successful completion of their degree.

# Physical Education BS

## FOUR-YEAR ACADEMIC PLAN

### Freshman

#### FALL

English Composition I (EC1)	3 credits
FNES 10*	1 credit
Introduction to Skill Assessment & Physical Education Standards	
World Cultures & Global Issues (WCGI)	3 credits
US Experience in its diversity (USED)	3 credits
Creative expression (CE)	3 credits
Individual and Society (IS)	3 credits

**Fall total credits 16 credits**

#### SPRING

English Composition II (EC2)	3 credits
PSYCH 1073+1071* or SOC 205* (MQR)	4 credits
Statistical Methods	
I FNES 12	1 credit
Basketball, Volleyball, Soccer	
I FNES 14	1 credit
Badminton, Tumbling	
OR FNES 13 Folk Dance	
An Additional Flexible Core	3 credits
College Option Literature (LIT)	3 credits

**Spring total credits 15 credits**

### Sophomore

#### FALL

FNES 160*	3 credits
Principle & Foundation of Physical Ed.	
BIOL 40* (LPS)	4 credits
Anatomy & Physiology I	
FNES 253	3 credits
The Psychology of Sport Participation	
I FNES 12	1 credit
Basketball, Volleyball, Soccer, Softball	
I FNES 14	1 credit
Badminton, Tumbling	
OR FNES 13 Folk Dance	
Foreign Language (LANG)	4 credits

**Fall total credits 16 credits**

#### SPRING

SEYS 201W (W)	3 credits
Historical, Social, & Philosophical Foundation of Education	
FNES 230	3 credits
Exercise, Energy Balance, and Weight Control	
FNES 343	3 credits
Motor Learning & Performance	
BIOL 41* (SW)	4 credits
I FNES 12	1 credit
Basketball, Volleyball, Soccer	
I FNES 14	1 credit
Badminton, Tumbling	
OR FNES 13 Folk Dance	

**Spring total credits 15 credits**

\*FNES 10 – Minimum grade B  
 \*PSYCH 1073 + 1071 or SOC 205 – Minimum passing grade  
 \*FNES 160 – Minimum grade B  
 \*BIOL 40 and \*BIOL 41 - Minimum passing grade  
 \*FNES 161W – Minimum grade B  
 \*FNES 266 – Minimum grade B  
 \*FNES 369 – Minimum grade B

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.

# Physical Education BS

## FOUR-YEAR ACADEMIC PLAN

### Junior

#### FALL

FNES 161W* (W) Introduction to Teaching Physical Education	3 credits
FNES 342 Physiology of Muscular Activity	3 credits
SEYS 221 Development & Learning in Middle Childhood & Adolescence	3 credits
SEYS 340 Language, Literacy, & Culture in Education	3 credits
1 FNES 12 Basketball, Volleyball, Soccer, Softball	1 credit
College Option Science (Science)	3 credits

**Fall total credits 16 credits**

### Senior

#### FALL

FNES 369* Methods for Teaching Secondary Physical Education	3 credits
FNES 146 Sport Skills Analysis	3 credits
FNES 212 Teaching & Assessment of Team Activity	1 credit
FNES 214 Teaching & Assessment of Individual/Dual Activity	1 credit
SEYS 350 Cognition, Technology, & Instruction For Diverse Learners	3 credits
ECPSE 350 Foundation of Special Education	3 credits

**Fall total credits 14 credits**

#### SPRING

FNES 266* Physical Education: Pre-School Through Elementary School Levels	3 credits
FNES 143 Fundamental Motor Skills	1 credit
FNES 235 Analysis of Human Movement	3 credits
FNES 311 Physical Fitness & Training Programs	3 credits
EECE 310W Children in Cultural Context I	3 credits
FNES 381 Special Physical education	3 credits

**Spring total credits 16 credits**

#### SPRING

FNES 379 Student Teaching in Physical Education	6 credits
An Additional College Core	3 credits
Second major, minor, or general electives	7 credits

**Spring total credits 16 credits**

**\*\*General Electives:** Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete an internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.