12 | Required Core Credits
18 | Flexible Core Credits
12 | College Option Credits
80 | Major Credits
0  | Elective Credits

This 4-year academic plan is for freshmen entering Queens College in Fall 2022. Our 4-year academic plans are illustrative examples of integrated degree requirements and course sequencing for each of the College’s programs of study which are designed to ensure degree completion in a timely manner. Students are advised to meet with professional and faculty advisors to tailor their degree maps to their individual interests (academic and career goals), as well as other considerations including course offerings and the incorporation of winter and summer sessions. Course pre-requisite/s and co-requisite/s are strictly enforced, as are entrance and maintenance criteria (if applicable) for the successful completion of the degree.
## Freshman

### FALL

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>English Composition I (EC1)</td>
<td>3</td>
</tr>
<tr>
<td>FNES 10*</td>
<td>1</td>
</tr>
<tr>
<td>Introduction to Skill Assessment &amp; Physical Education Standards</td>
<td></td>
</tr>
<tr>
<td>World Cultures &amp; Global Issues (WCGI)</td>
<td>3</td>
</tr>
<tr>
<td>US Experience in its diversity (USED)</td>
<td>3</td>
</tr>
<tr>
<td>Creative expression (CE)</td>
<td>3</td>
</tr>
<tr>
<td>Individual and Society (IS)</td>
<td>3</td>
</tr>
</tbody>
</table>

*Fall total credits: 16 credits*

### SPRING

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>English Composition II (EC2)</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 1073+1071* or SOC 205* (MQR)</td>
<td>4</td>
</tr>
<tr>
<td>Statistical Methods</td>
<td></td>
</tr>
<tr>
<td>1 FNES 12</td>
<td>1</td>
</tr>
<tr>
<td>Basketball, Volleyball, Soccer</td>
<td>1</td>
</tr>
<tr>
<td>Badminton, Tumbling</td>
<td></td>
</tr>
<tr>
<td>An Additional Flexible Core</td>
<td>3</td>
</tr>
<tr>
<td>College Option Literature (LIT)</td>
<td>3</td>
</tr>
</tbody>
</table>

*Spring total credits: 15 credits*

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*FNES 10 – Minimum grade B  
*PSYCH 1073 + 1071 or SOC 205 – Minimum passing grade  
*FNES 160 – Minimum grade B  
*BIOL 40 and *BIOL 41 - Minimum passing grade  
*FNES 161W – Minimum grade B  
*FNES 266 – Minimum grade B  
*FNES 369 – Minimum grade B  

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.
**Junior**

**FALL**

- FNES 161W* (W) 3 credits
  - Introduction to Teaching Physical Education
- FNES 342 3 credits
  - Physiology of Muscular Activity
- SEYS 221 3 credits
  - Development & Learning in Middle Childhood & Adolescence
- SEYS 340 3 credits
  - Language, Literacy, & Culture in Education
- 1 FNES 12 1 credit
  - Basketball, Volleyball, Soccer, Softball
- College Option Science (Science) 3 credits

**SPRING**

- FNES 266* 3 credits
  - Physical Education: Pre-School Through Elementary School Levels
- FNES 143 1 credit
  - Fundamental Motor Skills
- FNES 235 3 credits
  - Analysis of Human Movement
- FNES 311 3 credits
  - Physical Fitness & Training Programs
- EECE 310W 3 credits
  - Children in Cultural Context I
- FNES 381 3 credits
  - Special Physical education

**Senior**

**FALL**

- FNES 369* 3 credits
  - Methods for Teaching Secondary Physical Education
- FNES 146 3 credits
  - Sport Skills Analysis
- FNES 212 1 credit
  - Teaching & Assessment of Team Activity
- FNES 214 1 credit
  - Teaching & Assessment of Individual/Dual Activity
- SEYS 350 3 credits
  - Cognition, Technology, & Instruction For Diverse Learners
- ECPSE 350 3 credits
  - Foundation of Special Education

**SPRING**

- FNES 379 6 credits
  - Student Teaching in Physical Education
- An Additional College Core 3 credits
- Second major, minor, or general electives 7 credits

**Fall total credits** 14 credits

**Spring total credits** 16 credits

**General Electives:** Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete and internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.