

QUEENS COLLEGE

Physical Education BS

FOUR YEAR ACADEMIC PLAN

12

Required Core Credits

18

Flexible Core Credits

12

College Option Credits

80

Major Credits

0

Elective Credits

This 4-year academic plan is for freshmen entering Queens College in Fall 2022. Our 4-year academic plans are illustrative examples of integrated degree requirements and course sequencing for each of the College's programs of study which are designed to ensure degree completion in a timely manner. Students are advised to meet with professional and faculty advisors to tailor their degree maps to their individual interests (academic and career goals), as well as other considerations including course offerings and the incorporation of winter and summer sessions. Course pre-requisite/s and co-requisite/s are strictly enforced, as are entrance and maintenance criteria (if applicable) for the successful completion of the degree.



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Freshman

FALL

English Composition I (EC1)	3 credits
FNES 10*	1 credits
Introduction to Skill Assessment & Physical Education Standards	
World Cultures & Global Issues (WCGI)	3 credits
US Experience in its diversity (USED)	3 credits
Creative expression (CE)	3 credits
Individual and Society (IS)	3 credits

Fall total credits **16 credits**

SPRING

English Composition II (EC2)	3 credits
PSYCH 1073+1071* or SOC 205* (MQR)	4 credits
Statistical Methods	
1 FNES 12	1 credits
Basketball, Volleyball, Soccer	
1 FNES 14	1 credits
Badminton, Tumbling	
OR FNES 13 Folk Dance	
An Additional Flexible Core	3 credits
College Option Literature (LIT)	3 credits

Spring total credits **15 credits**

Sophomore

FALL

FNES 160*	3 credits
Principle & Foundation of Physical Ed.	
BIOL 40* (LPS)	4 credits
Anatomy & Physiology I	
FNES 253	3 credits
The Psychology of Sport Participation	
1 FNES 12	1 credits
Basketball, Volleyball, Soccer, Softball	
1 FNES 14	1 credit
Badminton, Tumbling	
OR FNES 13 Folk Dance	
Foreign Language (LANG)	4 credits
Fall total credits	16 credits

SPRING

SEYS 201W (W)	3 credits
Historical, Social, & Philosophical Foundation of Education	
FNES 230	3 credits
Exercise, Energy Balance, and Weight Control	
FNES 343	3 credits
Motor Learning & Performance	
BIOL 41* (SW)	4 credits
1 FNES 12	1 credit
Basketball, Volleyball, Soccer	
1 FNES 14	1 credit
Badminton, Tumbling	
OR FNES 13 Folk Dance	

Spring total credits **15 credits**

- *FNES 10 – Minimum grade B
- *PSYCH 1073 + 1071 or SOC 205 – Minimum passing grade
- *FNES 160 – Minimum grade B
- *BIOL 40 and *BIOL 41 - Minimum passing grade
- *FNES 161W – Minimum grade B
- *FNES 266 – Minimum grade B
- *FNES 369 – Minimum grade B

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.



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Junior

FALL

FNES 161W* (W)	3 credits
Introduction to Teaching Physical Education	
FNES 342	3 credits
Physiology of Muscular Activity	
SEYS 221	3 credits
Development & Learning in Middle Childhood & Adolescence	
SEYS 340	3 credits
Language, Literacy, & Culture in Education	
1 FNES 12	1 credit
Basketball, Volleyball, Soccer, Softball	
College Option Science (Science)	3 credits
Fall total credits	16 credits

SPRING

FNES 266*	3 credits
Physical Education: Pre-School Through Elementary School Levels	
FNES 143	1 credits
Fundamental Motor Skills	
FNES 235	3 credits
Analysis of Human Movement	
FNES 311	3 credits
Physical Fitness & Training Programs	
EECE 310W	3 credits
Children in Cultural Context I	
FNES 381	3 credits
Special Physical education	
Spring total credits	16 credits

Senior

FALL

FNES 369*	3 credits
Methods for Teaching Secondary Physical Education	
FNES 146	3 credits
Sport Skills Analysis	
FNES 212	1 credit
Teaching & Assessment of Team Activity	
FNES 214	1 credit
Teaching & Assessment of Individual/ Dual Activity	
SEYS 350	3 credits
Cognition, Technology, & Instruction For Diverse Learners	
ECPSE 350	3 credits
Foundation of Special Education	
Fall total credits	14 credits

SPRING

FNES 379	6 credits
Student Teaching in Physical Education	
An Additional College Core	3 credits
Second major, minor, or general electives	7 credits
Spring total credits	16 credits

**General Electives: Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete and internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.

