

# Nutrition & Dietetics BS

**12** Required Core Credits

**18** Flexible Core Credits

**12** College Option Credits

**79** Major Credits

**0** Elective Credits

This 4-year academic plan is designed to help freshmen entering Queens College in Fall 2023. Our 4-year academic plans are illustrative examples of integrated degree requirements and course sequencing for each of the College's programs of study which are designed to ensure degree completion in a timely manner. Students are advised to meet with professional and faculty advisors to tailor their degree maps to their individual interests (academic and career goals), as well as other considerations including course offerings and the incorporation of winter and summer sessions. Course pre-requisite/s and co-requisite/s are strictly enforced, as are entrance and maintenance criteria (if applicable) for the successful completion of the degree.

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## Freshman

### FALL

English Composition I (EC1)	3 credits
US Experience in its diversity (USED)	3 credits
Creative expression (CE)	3 credits
PSYCH 101 (SW)	4 credits
Minor or general electives**	3 credits

**Fall total credits 16 credits**

### SPRING

English Composition II (EC2)	3 credits
Foreign Language (LANG)	4 credits
PSYCH 1073+1071 (MQR)	4 credits
Minor or general electives**	4 credits

**Spring total credits 15 credits**

## Sophomore

### FALL

FNES 101 (LPS) The Science of Foods	3 credits
CHEM 101.3&101.1 (SW) Basic Chemistry	4 credits
Individual and Society (IS)	3 credits
College Option Literature (LIT+W) With Writing Intensive Unit*	3 credits
FNES 104 (WCGI) Social, Cultural and Economic Aspects of Foods	3 credits

**Fall total credits 16 credits**

### SPRING

FNES 275 Institutional Management	3 credits
FNES 260 Research Methods in Nutrition	3 credits
CHEM 102.3&102.1 (SCI) Basic Organic Chemistry	4 credits
Minor or general electives	4 credits

**Spring total credits 14 credits**

For admission to the Nutrition and Dietetics program the student must meet the following requirements:

- a. An overall GPA of 3.2, including courses taken at Queens College and other accredited institutions
- b. A grade of B or better for all courses required in the Nutrition and Dietetics program

A 3.2 GPA from Queens College will be needed to receive a Verification Statement, a document required by the Accreditation Council for Education in Nutrition and Dietetics for entry into a Dietetic Internship. A student may be denied a Verification Statement if an Academic and/or Disciplinary Sanction was deemed necessary due to academic dishonesty. A student may not repeat a major course more than once beyond the initial enrollment in the course.

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## Junior

### FALL

FNES 263 Nutrition I	3 credits
FNES 264 Nutrition II	3 credits
CHEM 103.3 & 103.1 (SCI) Basic Biochemistry	4 credits
FNES 378 Quantity Food Purchasing, Production & Equipment	3 credits
Minor or general electives	2 credits

**Fall total credits 15 credits**

### SPRING

FNES 307W Experimental Food Science	3 credits
BIOL 40 Anatomy & Physiology I	4 credits
FNES Elective Minor or general electives	3 credits
	5 credits

**Spring total credits 15 credits**

## Senior

### FALL

FNES 365 Nutrition Assessment	3 credits
FNES 203 Meal Planning for Therapeutic Diets	3 credits
FNES 368 Life Cycle Nutrition	3 credits
FNES 300 Seminar in Nutrition & Dietetics	2 credits
BIOL 41 Anatomy & Physiology II	4 credits

**Fall total credits 15 credits**

### SPRING

FNES 337 Nutrition Counseling & Education	3 credits
FNES 366 Medical Nutrition Therapy	3 credits
BIOL 44 Food & Human Microbiology	4 credits
FNES 382 Community Nutrition General electives	3 credits
	2 credits

**Spring total credits 15 credits**

\*\*General Electives: Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete and internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.