

QUEENS COLLEGE

Human Development and Family Science BA

FOUR-YEAR ACADEMIC PLAN

12

Required Core Credits

18

Flexible Core Credits

12

College Option Credits

45

Major Credits

33

Elective credits

This 4-year academic plan is for freshmen entering Queens College in Fall 2025.

Our 4-year academic plans are illustrative examples of integrated degree requirements and course sequencing for each of the College's programs of study which are designed to ensure degree completion in a timely manner. Students are advised to meet with professional and faculty advisors to tailor their degree maps to their individual interests (academic and career goals), as well as other considerations including course offerings and the incorporation of winter and summer sessions. Course pre-requisite/s and co-requisite/s are strictly enforced, as are entrance and maintenance criteria (if applicable) for the successful completion of the degree.

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Freshman

FALL

English Composition I (EC1)	3 credits
Life and Physical Science (LPS)	4 credits
World Cultures & Global Issues (WCGI)	3 credits
US Experience in Its Diversity (USED)	3 credits
Creative Expression (CE)	3 credits

Fall total credits

16 credits

SPRING

English Composition II (EC2)	3 credits
Math & Quantitative Reasoning (MQR)	3 credits
Individual & Society (IS)	3 credits
An Additional Flexible Core	3 credits
An Additional College Core	3 credits

Spring total credits

15 credits

Sophomore

FALL

College Option Literature (LIT+W) With Writing Intensive Unit*	3 credits
College Option Language (LANG)	4 credits
Second major, minor, or general Elective	8 credits

Fall total credits

15 credits

SPRING

One Writing Intensive Unit (W)	3 credits
Second major, minor, or general Elective	12 credits

Spring total credits

15 credits

General Education requirements may be taken in any order if the pre-requisite requirement(s) is/are satisfied.

If a Literature course is taken with a W, it will count towards Literature and one Writing Intensive Unit.

Notes. Students must have a C or better in all the courses required for the Major. A student may not repeat a major course more than once beyond the initial enrollment in the course.

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Junior

FALL

FNES 140	3 credits
Child Development & Parenting	
FNES 147	3 credits
Family Relations	
FNES 151	3 credits
Families as Consumers	
Second major, minor, or general Elective	6 credits

Fall total credits **15 credits**

Received 3/31/2025

Queens College - Department of Family, Nutrition, and Exercise

HUMAN DEVELOPMENT AND FAMILY SCIENCE (HDFS) PROGRAM

SPRING

FNES 249	3 credits
Child & Family Policies	
FNES 250	3 credits
Research Methods in HDFS	
FNES 251	3 credits
Child Life: Coping with Medical Problems	
Scientific World (SW)	3 credits
FNES 247	3 credits
Statistics for Human Development and Family Science	

Spring total credits

15 credits

Senior

FALL

FNES 248	3 credits
Problems in Marriage & Family	
FNES 348	3 credits
Family & Community Program Development	
FNES 345	3 credits
Theories of Lifespan Development	
FNES 360	3 credits
Professional Development & Ethics	
College Option Science (SCI)	3 credits

Fall total credits **15 credits**

SPRING

FNES 347	3 credits
Families in Cross-Cultural Perspectives	
FNES 349	3 credits
Family Issues & Conflict Resolution	
FNES 256	3 credits
Counseling Sexuality	
FNES 376	3 credits
Fieldwork-Community	
Second major, minor, or general Elective**	3 credits

Spring total credits

15 credits

For Students Who Double Major in Psychology, Sociology, Elementary and Early Childhood Education, Urban Studies, or Anthropology

**General Electives: Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete and internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.

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We encourage students from departments including *Psychology, Sociology, Elementary and Early Childhood Education, Urban Studies or Anthropology* to **double Major** in the **Human Development and Family Science (HDFS) Program**. The HDFS program has a 45-credit requirement making it an attractive possibility to double majors. Over the years, many students in these programs have double majored in HDFS. We invite you to read the HDFS Newsletters posted on the [HDFS Program website](#) for specific examples. For students from these departments who decide to co-Major/minor, up to three courses from the other Major/minor will count toward the HDFS Requirements, as in the examples below:

Psychology	HDFS
PSYCH 107: Statistical Methods	FNES 247: Statistics for HDFS
PSYCH 214: Developmental Psychology: Infancy and Childhood	FNES 140: Child Development and Parenting
PSYCH 217: Lifespan Dev. Psychology	FNES 345: Theories of Lifespan Development

Sociology	HDFS
SOC 206: Introduction of Social Statistics	FNES 247: Statistics for HDFS
SOC 208: Social Problems	FNES 248: Problems in Marriage and the Family
SOC 214: The Family	FNES 147: Family Relations

Elementary and Early Childhood Education	HDFS
EECE 310: Children in Cultural Contexts 1: Child Development	FNES 140: Child Development and Parenting
EECE 311: Children in Cultural Contexts 2: Learning and Teaching	FNES 347: Families in Cross Cultural Perspectives

Urban Studies	HDFS
URBST 200: Urban Research Methods	FNES 250W: Research Methods in HDFS
URBST 205: Urban Cultural Diversity	FNES 347: Families in Cross Cultural Perspectives
URBST 221: Making Public Policy	FNES 249: Child and Family Policies

Anthropology	HDFS
ANTH 222: Sex, Gender, and Culture	FNES 256: Sexuality Counseling
ANTH 238: Research Design and Method	FNES 250W: Research Methods in Human Development and Family Science
ANTH 276: Human Growth and Development	FNES 140: Child Development and Parenting

Please contact one of the program advisers to declare the HDFS major and develop your program of study.

HDFS Program Director & Advisor – Dr. Mihaela Robila

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