

Nutrition & Dietetics BS

FOUR-YEAR ACADEMIC PLAN

12

Required Core Credits

18

Flexible Core Credits

12

College Option Credits

79

Education Credits

0

Elective Credits

This 4-year academic plan is for freshmen entering Queens College in Fall 2025.

Our 4-year academic plans are illustrative examples of integrated degree requirements and course sequencing for each of the College's programs of study which are designed to ensure degree completion in a timely manner. Students are advised to meet with professional and faculty advisors to tailor their degree maps to their individual interests (academic and career goals), as well as other considerations including course offerings and the incorporation of winter and summer sessions. Course pre-requisite/s and co-requisite/s are strictly enforced, as are entrance and maintenance criteria (if applicable) for the successful completion of the degree.

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Freshman

FALL

English Composition I (EC1)	3 credits
US Experience in its diversity (USED)	3 credits
Creative expression (CE)	3 credits
PSYCH 101 (SW)	4 credits
Minor or general electives**	3 credits

Fall total credits

16 credits

SPRING

English Composition II (EC2)	3 credits
Foreign Language (LANG)	4 credits
PSYCH 1073+1071 (MQR)	4 credits
Minor or general electives	4 credits

Spring total credits

15 credits

Sophomore

FALL

FNES 101 (LPS)	3 credits
The Science of Foods	
CHEM 101.3&101.1 (SW)	4 credits
Basic Chemistry	
Individual and Society (IS)	3 credits
College Option Literature (LIT+W)	3 credits
With Writing Intensive Unit*	
FNES 104 (WCGI)	
Social, Cultural and Economic Aspects of Foods	3 credits

Fall total credits

16 credits

SPRING

FNES 275	3 credits
Institutional Management	
FNES 260	3 credits
Research Methods in Nutrition	
CHEM 102.3&102.1 (SCI)	4 credits
Basic Organic Chemistry	
Minor or general electives	4 credits

Spring total credits

14 credits

For admission to the Nutrition and Dietetics program the student must meet the following requirements:

- a. An overall GPA of 3.0, including courses taken at Queens College and other accredited institutions
- b. A grade of C or better for all courses required in the Nutrition and Dietetics program

A 3.2 GPA from Queens College will be needed to receive a Verification Statement, a document required by the Accreditation Council for Education in Nutrition and Dietetics for entry into a Dietetic Internship. A student may be denied a Verification Statement if an Academic and/or Disciplinary Sanction was deemed necessary due to academic dishonesty.

A student may not repeat a major course more than once beyond the initial enrollment in the course.

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Junior

FALL

FNES 263	3 credits
Nutrition I	
FNES 264	3 credits
Nutrition II	
CHEM 103.3 & 103.1 (SCI)	4 credits
Basic Biochemistry	
FNES 378	3 credits
Quantity Food Purchasing, Production & Equipment	
Minor or general electives	2 credits

Fall total credits**15 credits**

SPRING

FNES 307W	3 credits
Experimental Food Science	
BIOL 40	4 credits
Anatomy & Physiology I	
FNES Elective	3 credits
Minor or general electives	5 credits

Spring total credits**15 credits**

Senior

FALL

FNES 365	3 credits
Nutrition Assessment	
FNES 203	3 credits
Meal Planning for Therapeutic Diets	
FNES 368	3 credits
Life Cycle Nutrition	
FNES 300	2 credits
Seminar in Nutrition & Dietetics	
BIOL 41	4 credits
Anatomy & Physiology II	

Fall total credits**15 credits**

SPRING

FNES 337	3 credits
Nutrition Counseling & Education	
FNES 366	3 credits
Medical Nutrition Therapy	
BIOL 44	4 credits
Food & Human Microbiology	
FNES 382	3 credits
Community Nutrition	
General electives	2 credits

Spring total credits**15 credits**

**General Electives: Students may complete general electives by taking courses in (most) department/s or programs they choose; however, depending on the course/program, students may need department permission and/or prerequisite course/s. Electives may be used to supplement the chosen major (an English major may want to take a course in French or Italian literature) or to fulfill interest in a different area (a Music major may be interested in the physics of sound). Students are encouraged to use available electives to complete a dual major, minor, pre-requisites for graduate or professional school, or complete and internship, experiential learning and/or study abroad. Students are encouraged to use their available general electives wisely and focus on coursework that will assist them personally, academically and professionally.