



Freshman Year

Semester 1 - Academic		Semester 1 - Career
English Composition I (EC1)		☐ Access Handshake QC
PSYCH 101 (SW)		☐ Attend Career Center Meet & Greet Orientation
World Cultures & Global Issues (WCGI)		☐ Take Focus 2 Career Assessment
U.S. Experience in Its Diversity (USED)		☐ Create a Draft Resume
Creative Expression (CE)		☐ Join Student Clubs (Uknighed)
16 credits		☐ Attend Career Center workshops

Semester 2 - Academic		Semester 2 - Career
English Composition II (EC2)		☐ Create a LinkedIn account
PSYCH 1073 + PSYCH 1071 (MQR)		☐ Explore career paths for psychology majors
PSYCH Electives (200-level) * (pick 2)		☐ Volunteer in faculty-led psychology labs (Build career-readiness competencies)
Individual & Society (IS)		☐ Join peer-led journal discussion groups
16 credits		☐ Draft a Cover Letter (e.g., for internships, etc.)
		☐ Attend Professional Development Workshops



Sophomore Year

Semester 3 - Academic		Semester 3 - Career
PSYCH Electives (200-level) * (pick 2)		☐ Find a mentor and check-in regularly
Literature (with WI) (LIT+WV)		☐ Update Handshake QC profile
Language Requirement (LANG)		☐ Develop LinkedIn network
Addl. Flex Core		☐ Formulate an effective resume
16 credits		☐ Secure position as a research assistant

Semester 4 - Academic		Semester 4 - Career
PSYCH Elective (200-level) * (pick 2)		☐ Initiate an independent research project
College Option Science (SCI)		☐ Attend local, state, and regional psychology conferences
Addl. CollegeCore		☐ Research and apply for psychology summer internships on Handshake , Spring Forward , Career Launch , LifeSci NYC , etc.
Second major, minor or general electives *		☐ Join professional orgs ; attend on campus career fairs and external career fairs
15 credits		☐ Attend Professional Development Workshops

* Consult departmental advisor for specific requirements

Junior Year

Semester 5 - Academic		Semester 5 - Career
PSYCH 213W (W)		☐ Refine resume for industry standards
PSYCH Elective (300-level) *		☐ Utilize LinkedIn Learning & Vault
<u>Second major, minor or general electives</u> *		☐ Apply for internships on Handshake , Spring Forward , Career Launch , CUNY Tech Prep , LifeSci NYC , etc.
		☐ Present at <u>student research conferences or symposiums</u>
		☐ Assume leadership in <u>psychology student groups</u>
15 credits		☐ Enroll in <u>workshops for advanced Excel and data analysis tools</u>
Semester 6 - Academic		Semester 6 - Career
PSYCH Elective (300-level) *		☐ Prepare for <u>interviews</u> with coding-specific problems
<u>Second major, minor or general electives</u> *		☐ Work part-time in a psychology-related role
		☐ Contribute to an <u>undergraduate psychology journal</u>
		☐ Consider <u>self-guided case studies</u>
		☐ Develop virtual work experience on Forage
15 credits		☐ Learn statistical tools like SPSS , R , Stata , Tableau , SQL ...

Senior Year



Semester 7 - Academic		Semester 7 - Career
<u>Advanced Experimental Psychology: PSYCH 311, 312, 313, 314, 316, 317, 319, 321</u> (Pick 1)		☐ Utilize the Career Center for job search events, <u>interview strategies</u> , and employability skills
PSYCH 327, PSYCH 328, or PSYCH 329 * (internship or clinical fieldwork)		☐ Meet with Career Advisor for job search prep
<u>Second major, minor or general electives</u> *		☐ Notify network of job search
15 credits		☐ Apply widely (<u>track job applications</u>)
Semester 8 - Academic		Semester 8 - Career
PSYCH 327, PSYCH 328, or PSYCH 329 * (internship or clinical fieldwork)		☐ Apply for more jobs. <u>Record your progress and follow up on applications</u>
<u>Second major, minor or general electives</u> *		☐ Complete CUNY Cap & Gown Survey
		☐ Secure references and recommendations
		☐ Grad school applications (if applicable)
15 credits		☐ <u>Alumni</u> networking; Connect with alumni network on LinkedIn



Note: This career-infused map demonstrates how academic goals and career goals may be pursued side-by-side. Please always consult your departmental advisor, as academic program requirements may change. This academic schedule is based on the QCin4 map for students who entered Queens College in Fall of 2025. This is not an official academic advising map.