

FOUR-YEAR CAREER MAP

Biology BA

Freshman

FALL

| Career Milestone | Done |
|---|------|
| Access Handshake QC * for career opportunities (events, internships, jobs, resources, etc.) | |
| Attend the Career Center's Meet and Greet Orientation* | |
| Take a Focus 2 career assessment | |
| Create a Draft Resume | |
| Review courses for the major | |
| Attend Career Center workshops | |

SPRING

| Career Milestone | Done |
|---|------|
| Create a LinkedIn Account | |
| Explore career options for Biology majors | |
| Schedule an appointment on QC Navigate with an advisor (career, academic and/or faculty)* | |
| Leverage professional skill growth for Biology majors | |
| Develop your career skills with NACE Competencies * | |
| Join biology-related student organizations | |

Sophomore

FALL

| Career Milestone | Done |
|---|------|
| Update your Handshake QC profile and interests* | |
| Develop a network of contact through LinkedIn | |
| Build out and formulate an effective resume | |
| Identify a mentor and check in periodically | |
| Apply for biology summer internships | |
| Attend Professional Development Workshops | |

SPRING

| Career Milestone | Done |
|---|------|
| Engage in volunteer research projects from diverse faculty | |
| Participate in a field-specific internship or shadowing program | |
| Start building a professional portfolio of projects and research | |
| Join professional organizations . Attend on campus and external career fairs, local meetings, conferences and seminar | |
| Learn statistical tools like SPSS, R, Stata, Tableau, SQL... | |
| | |

*Repeat regularly in each academic year (Years 1, 2, 3 & 4)

In conjunction with Career Milestones, refer to Academic Degree Program Maps for course planning based on the year you started at Queens College.



FOUR-YEAR CAREER MAP

Biology BA

Junior

FALL

| Career Milestone | Done |
|---|------|
| Update resume to be succinct and industry ready | |
| Utilize LinkedIn Learning and The Vault 's resources | |
| Apply for internships on Handshake QC , Spring Forward, Career Launch , CUNY Tech Prep , LifeSci NYC , etc. | |
| Present at student research conferences or symposiums | |
| Publish research or analysis on biology topics | |
| Assume leadership in student groups | |

SPRING

| Career Milestone | Done |
|--|------|
| Prepare for technical interviews with industry- specific coding problems | |
| Engage and connect with professional networks through academic seminars and guest lectures | |
| Apply for advanced internships or research assistant positions | |
| Start self-guided case studies outside classroom | |
| Participate in a virtual work experience program | |
| Attend national or international biology conferences | |

Senior

FALL

| Career Milestone | Done |
|--|------|
| Take advantage of events offered by Career Center to perfect job search, interviewing and employability skills | |
| Schedule an appointment with the career advisor | |
| Inform contacts you are searching for a job | |
| Apply, apply and apply for more jobs . Record your progress | |
| Complete a senior thesis or capstone project | |

SPRING

| Career Milestone | Done |
|--|------|
| Apply for more jobs . Record our progress and remember to follow-up on your applications | |
| Secure references and recommendations | |
| If applicable, complete graduate school application | |
| Connect with alumni office and join QC alumni | |
| Connect with alumni in LinkedIn groups | |

*Repeat regularly in each academic year (Years 1, 2, 3 & 4)

In conjunction with Career Milestones, refer to **Academic Degree Program Maps** for course planning based on the year you started at Queens College.

