

FOUR-YEAR CAREER MAP

Biology (7-12)

Freshman

FALL

Career Milestone	Done
Access Handshake QC * for career opportunities (events, internships, jobs, resources, etc.)	
Attend the Career Center's Meet and Greet Orientation*	
Take a Focus 2 career assessment	
Create a Draft Resume	
Review courses for the major	
Attend Career Center workshops	

SPRING

Career Milestone	Done
Create a LinkedIn Account	
Explore career options for Biology majors	
Schedule an appointment on QC Navigate with an advisor (career, academic and/or faculty)*	
Leverage professional skill growth for Biology majors	
Develop your career skills with NACE Competencies *	

Sophomore

FALL

Career Milestone	Done
Update your Handshake QC profile and interests*	
Develop a network of contact through LinkedIn	
Build out and formulate an effective resume	
Identify a mentor and check in periodically	
Apply for biology summer internships	
Attend Professional Development Workshops	

SPRING

Career Milestone	Done
Engage in volunteer research projects from diverse faculty	
Participate in a field-specific internship or shadowing program	
Start building a professional portfolio of projects and research	
Join professional organizations . Attend on campus and external career fairs, local meetings, conferences and seminar	
Learn statistical tools like SPSS, R, Stata, Tableau, SQL...	

*Repeat regularly in each academic year (Years 1, 2, 3 & 4)

In conjunction with Career Milestones, refer to Academic Degree Program Maps for course planning based on the year you started at Queens College.



FOUR-YEAR CAREER MAP

Biology (7-12)

Junior

FALL

Career Milestone	Done
Update resume to be succinct and industry ready	
Utilize LinkedIn Learning and The Vault 's resources	
Apply for internships on Handshake QC , Spring Forward, Career Launch , CUNY Tech Prep , LifeSci NYC , etc.	
Present at student research conferences or symposiums	
Publish research or analysis on biology topics	
Assume leadership in student groups	

SPRING

Career Milestone	Done
Prepare for technical interviews with industry- specific coding problems	
Engage and connect with professional networks through academic seminars and guest lectures	
Apply for advanced internships or research assistant positions	
Start self-guided case studies outside classroom	
Participate in a virtual work experience program	
Attend national or international biology conferences	

Senior

FALL

Career Milestone	Done
Take advantage of events offered by Career Center to perfect job search, interviewing and employability skills	
Schedule an appointment with the career advisor	
Inform contacts you are searching for a job	
Apply, apply and apply for more jobs . Record your progress	
Complete a senior thesis or capstone project	

SPRING

Career Milestone	Done
Apply for more jobs . Record our progress and remember to follow-up on your applications	
Secure references and recommendations	
If applicable, complete graduate school application	
Connect with alumni office and join QC alumni	
Connect with alumni in LinkedIn groups	

*Repeat regularly in each academic year (Years 1, 2, 3 & 4)

In conjunction with Career Milestones, refer to **Academic Degree Program Maps** for course planning based on the year you started at Queens College.

