

# QUEENS COLLEGE

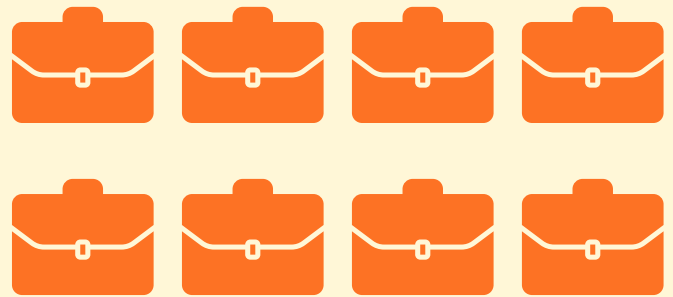
## LUNCH & LEARN SERIES

Project Outcomes

### ABOUT THE PROGRAM



**6 ExpEd Peer Mentors**



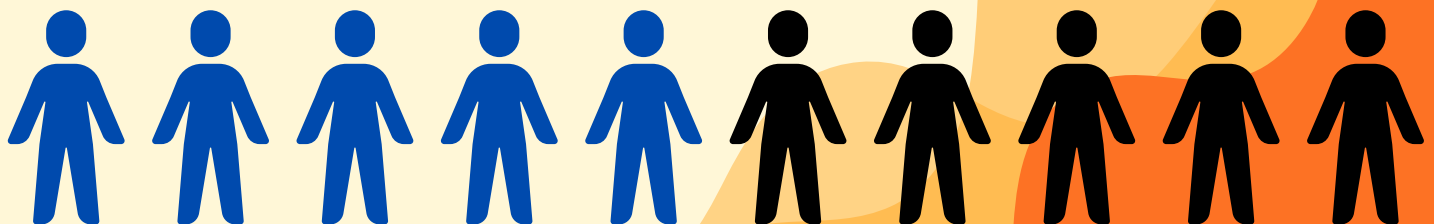
**8 Workshops**



**21 Certificates of  
Completion Awarded**



**1 Student Showcase**



**241 UNIQUE PARTICIPANTS!**

# WORKSHOP SKILL RELEVANCE FEEDBACK

■ Somewhat Relevant to Relevant

Professionalism



Social Skills



Academics



Mental Health



0%

25%

50%

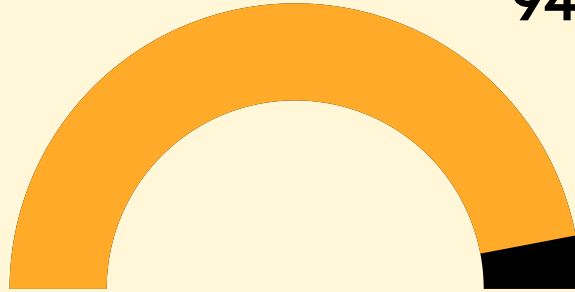
75%

100%

Based on 112 Responses

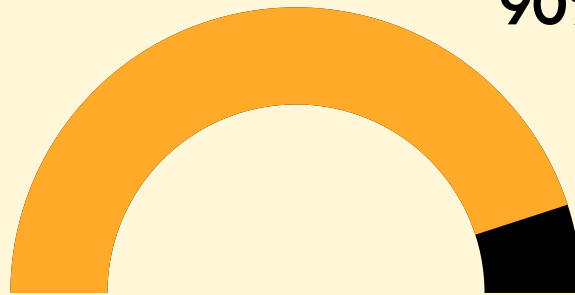
# WORKSHOP REFLECTION FEEDBACK

94%



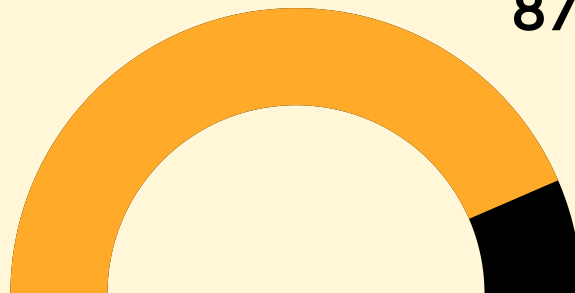
**How likely are you to attend another workshop in the future?**

90%



**How likely are you to recommend this workshop to a friend or colleague?**

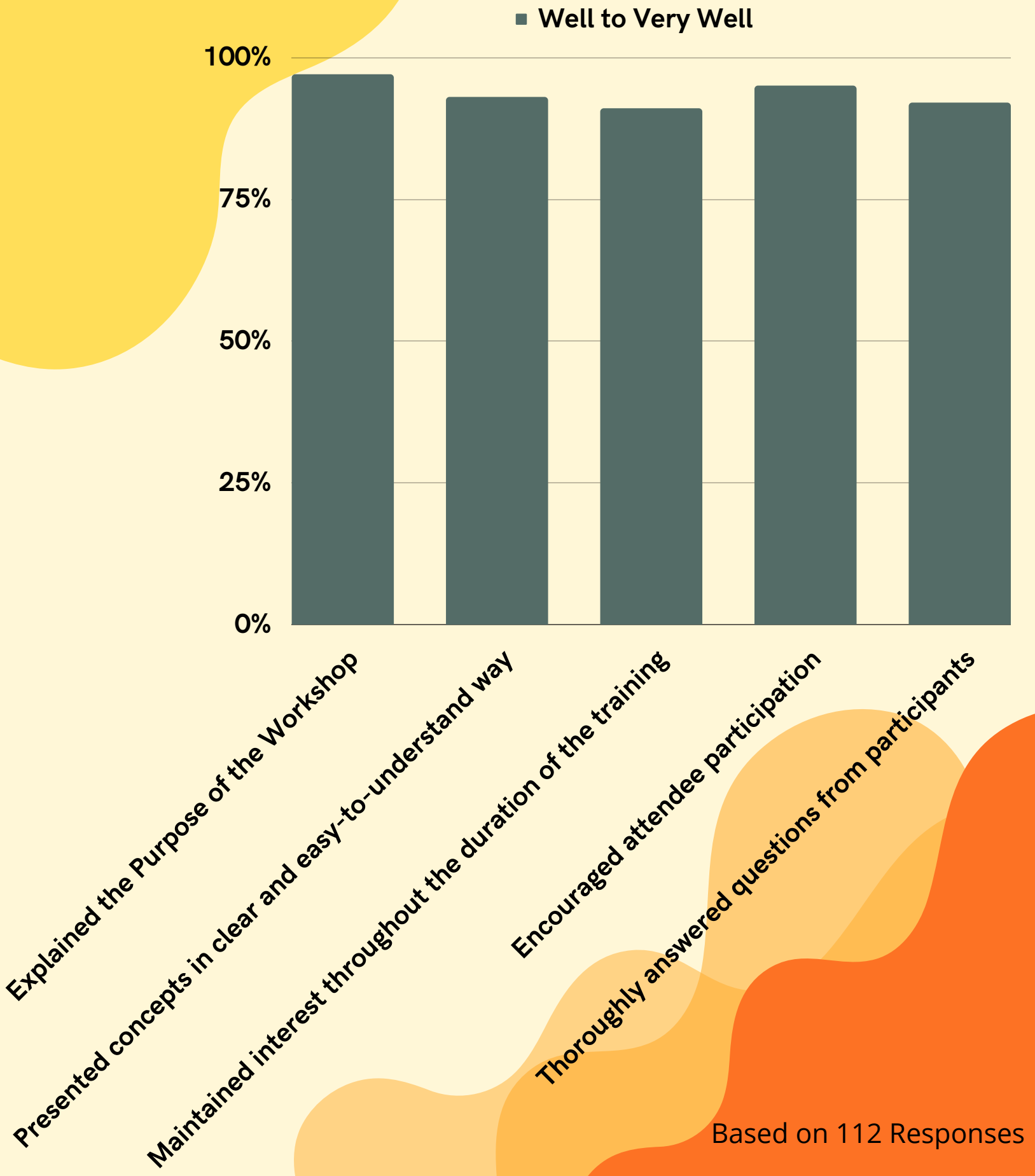
87%



**Were your expectations that you had about the workshop met?**

Based on 112 Responses

# WORKSHOP MODERATOR FEEDBACK



# FEEDBACK RESPONSE QUOTES

Continue doing this work! Felt like these workshops have helped me personally and professionally.

This is by far my favorite workshop! It was both informative and engaging, and really helped me to gain confidence in interviewing.

It was awesome!!! No improvements on my end, I felt like these workshops have been very informative and I've learned so much from them.

Where can I learn more about being an experiential education peer mentor?

"I learned a lot about topics I had no prior knowledge on and being able to understand myself better as a person and a professional has allowed me to further grow."

WHAT ARE SOME IMPORTANT  
SKILLS YOU HAVE GAINED FROM  
THIS EXPERIENCE?

*Technological*  
*Leadership*

*Effective*  
*Public*  
*Speaking*

*Content*  
*Creation*

*Professional*

*Time*  
*Management*

*Verbal*  
*Communication*

*Organization*

*Research*

Based on 5 Peer Mentor  
Responses

# SOME OF OUR WORKSHOPS

**QUEENS COLLEGE**  
**EXPERIENTIAL EDUCATION DEPARTMENT**  
**LUNCH AND LEARN SERIES:**  
**IMPOSTER SYNDROME**

WEDNESDAY FEBRUARY 23RD  
FREE HOUR: 12PM-1:30PM  
ZOOM MEETING ID: 765 524 9695  
LIVE STREAM: KIELY HALL RM. 170

JOIN US FOR AN ENGAGING DISCUSSION  
WITH PEERS AND SERVICE CORPS  
ALUMNA, SAYA MADHOW. ON THE TOPIC  
OF IMPOSTER SYNDROME:  
WHAT IS IT? WHO HAS IT?  
HOW TO EFFECTIVELY MANAGE AND DEAL  
WITH IT.

**QUEENS COLLEGE | EXP-ED**  
Experiential Education

**The Experiential Education  
Department Lunch and Learn  
Series Present:**

**Public Speaking - Post COVID 19**

**WITH GUEST SPEAKER:**  
**JEZRA KAYE**

**DATE: WEDNESDAY  
MARCH 02, 2022**

**TIME: (FREE HOUR)  
12:15PM - 2PM**

**ZOOM MEETING ID: 765 524 9695**  
**IN PERSON STREAMING: KIELY HALL  
ROOM 170**

**FOR MORE INFO CONTACT:**  
**EXPERIENTIALEDUCATION@QC.CUNY.  
EDU**

**[RSVP HERE]**

Join Speak Up for Success founder Jezra Kaye and QC Peer Mentor Dasmattie for an insightful online session on ways to be a better and more effective public speaker. Public speaking is more than speaking in front of a crowd, it is about making yourself heard while expressing your thoughts clearly and getting your message across.

**QUEENS COLLEGE | EXP-ED**  
Experiential Education

**LUNCH AND LEARN WORKSHOP SERIES**  
**Civic Engagement**

**MONDAY, MAY 9TH**  
**FREE HOUR 12-1:30 PM**  
**ZOOM MEETING ID: 765 524 9695**  
**IN-PERSON LIVESTREAM AT KIELY 170**

**LEARN HOW YOU CAN EMPOWER  
YOURSELF AND OTHERS BY GETTING  
INVOLVED IN YOUR COMMUNITY  
THROUGH VOLUNTEERING,  
FUNDRAISING, AND ACTIVISM.**

**WITH GUEST SPEAKERS:**  
**KHALEEL ANDERSON**  
NY STATE ASSEMBLY MEMBER  
DISTRICT 31  
**ONATHAN VAZCONES**  
VICE PRESIDENT / COMMUNITY  
INVESTMENT MGT BANK

**Free Lunch!**

**QUEENS COLLEGE | EXP-ED**  
Experiential Education

**EXPERIENTIAL EDUCATION  
DEPARTMENT LUNCH AND LEARN  
SERIES**

**DEVELOP YOUR  
PROFESSIONAL BRAND**

Explore your strengths and values, and learn  
how to effectively shape your identity in the  
professional world

**Quianna McNair**  
**Amalia Torres**  
**Hadleigh Kindberg**

**WEDNESDAY, APRIL 13 @ 12:15-1:30PM**  
**ZOOM: 765 524 9695**  
**KIELY HALL RM. 170**  
**RSVP: TINYURL.COM/PROBR4**

Help yourself to our refreshments  
to be served in person!  
Attend 4 workshops for a  
certificate of completion!

**QUEENS COLLEGE | EXP-ED**  
Experiential Education

**LUNCH AND LEARN WORKSHOP SERIES**  
**SPEED  
INTERVIEWING**

Learn and implement different interviewing  
strategies so you can answer any question  
thrown your way and get the job!

**RSVP**

**WEDNESDAY MARCH 30TH**  
**FREE HOUR 12:15-1:30**  
**ZOOM MEETING ID**  
**765 524 9695**  
**IN-PERSON LIVE STREAM**  
**KIELY HALL RM 170**

**FREE LUNCH!**