Would you like to be in a research study that measures your muscle power, muscle mass, strength & physical function?



Your muscle power declines as you get older and is closely related to the loss of everyday functioning. The study will compare two tools to measure muscle power.

You may qualify for the study if:

You are 60 years or older.

If eligible, you will receive:

 Results of your muscle power, strength, muscle mass, body fat & physical function tests, and compensation.

Please contact:

Exercise & Aging Lab Anoop Balachandran Ph.D Lab phone: 718-570-0639

Fitzgerald Gym, Room 211 B, Queens College

