

Dietetic Internships (DI)

Overseen by the:

**Accreditation Council for Education in
Nutrition and Dietetics (ACEND)** a division of
the **Academy of Nutrition and Dietetics**

1

Content

DICAS meeting 1

- Understanding DICAS
 - Dietetic Internship Centralized Application Services
- Internship basics
- How to find information on Dietetic Internship programs
- Deciding which dietetic Internship to apply to

2

Dietetic Inclusive Centralized Application Services (DICAS)

3

DICAS overview

- Start here with your application:
- <https://www.eatrightpro.org/acend/students-and-advancing-education/application-process-for-students>
- <https://page.liaisonedu.com/dicas/apply>

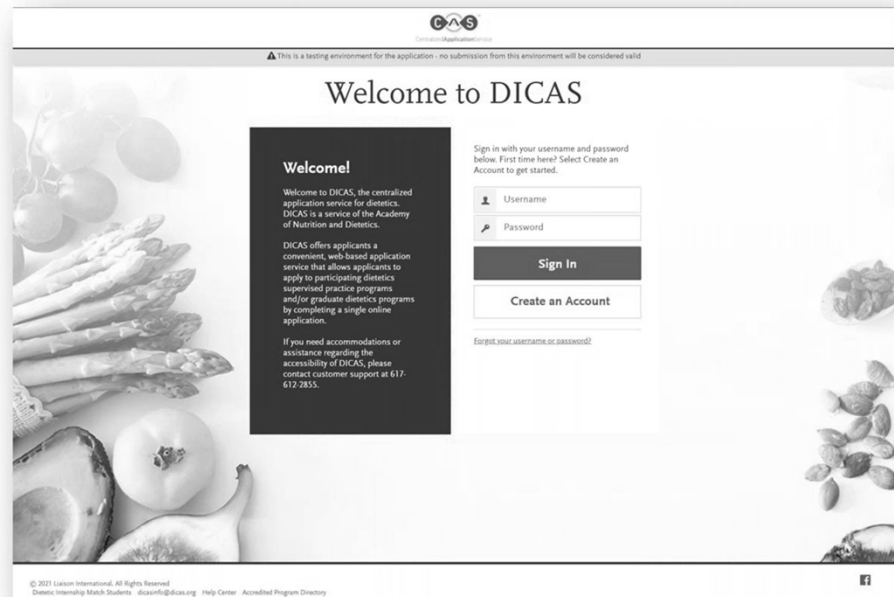
4

Starting the Application

DICAS application

Enter profile

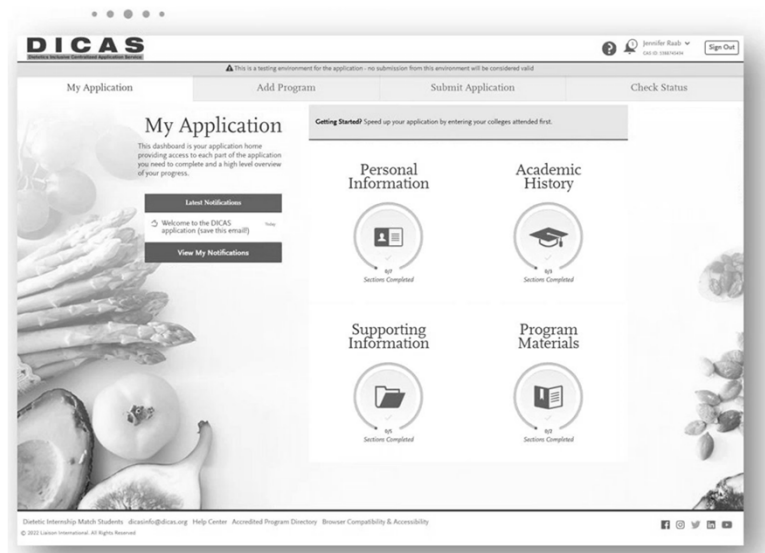
Add programs – or skip and do later!: you can use the search function at the top, enter "all internships", or specific ones.



5

DICAS dashboard

Use frequently and attentively



6

Completing the Application – Personal Information

- Biographic Information
- Contact Information
- Citizenship Information
- Race & Ethnicity
- DPD Information
- Other Information

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

- Your DICAS login has been updated
- Welcome to the DICAS application (save this email)

View My Notifications

Personal Information

17 Sections Completed

- Biographic Information
- Contact Information
- Race & Ethnicity
- Citizenship Information
- Other Information
- DPD Contact Information
- Release Statement

© 2021 Career International. All Rights Reserved.
Diversity: Internship Match Students | dicas@ci-usa.org | Help Center | Accredited Program Directory

7

Completing the Application – Academic History

- Colleges and Universities Attended
- Transcript Entry
- Standardized Tests

See also separate videos for transcripts and coursework entries

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

- Welcome to the DICAS application (save this email)

View My Notifications

Academic History

49 Sections Completed

- Colleges Attended
- Coursework Entry
- Standardized Tests

8

Information for DPD verification

For the QC DPD program:

Victoria

Fischer

vfischer@qc.cuny.edu

Evaluator's Information

- ✧ First Name
- ✧ Last Name
- ✧ Email Address
- ✧ Due Date MM/DD/YYYY
- ✧ Personal Message to Your Evaluator

9

My Application
Add Program
Submit Application
Check Status

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

Welcome to the DICAS application (save this email!)
Today

View My Notifications

0/5

Supporting Information

0/5 Sections Completed

Achievements
Experiences
Memberships
Licenses and Certifications
Documents

10

Program material – 4th part

- Every program you apply to defines additional requirements
- READ CAREFULLY
- Supply all materials requested
- ASK if unclear AFTER READING everything on their website
 - Questions asked more than once will appear on their website

11

DICAS Submit application

Download full PDF

In case you don't match – you can send that to 2nd round programs

Does not include the recommendations

referees can download those as needed

Sort By	Deadline	Term	Program Name	Deadline
Long Island University - Post Campus	Test Regular Entry - Master's of Social Work copy 1	Deadline 08/14/2021	Term: Fall	✓
Eastern Michigan University	Test School of Social Work, MSW Program copy 1	Deadline 08/19/2021	Term: Fall	✓
Eastern Michigan University	School of Social Work, MSW Program	Deadline Pending	Term: Fall	✓

Submit

12

As you go along DICAS

- Check status
 - To see what has been completed by others: recommendations and transcripts
- Check the dashboard
 - To make sure you're not forgetting anything

13

Basics

- To start your Dietetic Internship Centralized Application System (DICAS)
 - <https://portal.dicas.org/>
 - Applicant Portal
 - Help section
 - Video overview
 - To follow when available for the fall 2022 platform
 - Instructions for each area of the application
 - Can contact DICAS to ask questions: (617) 612-2855

	Opens	Application Due by
Spring 23 Application	October 22	February 15
Fall 22 Application	~July 17	September 25

14

Information Required

Applicant Information

- *Contact Information*; Name, address, phone number, email address
- *Personal Information*; Citizenship status, Visa status, Veteran?, Language spoken ...
- *Background Information*; Disciplinary actions, civil suits against you, probation or suspension

Match Information

- <http://www.dnddigital.com> Register with computer matching organization

Educational Information

- *DPD Course list (download from QC Nutrition & Dietetics webpage)*
- *Colleges Attended*
- *Course Work*
- *Tests*; GRE and/or TOEFL *if required by* the DI program

DPD Program

- *Contact Information*

15

Information Required



Personal Statement



Additional Information

Awards, Experiences, Volunteer Activities
Resume
Reference
Application Certification (Signature/ Date)



Program Designation



Honors and/or extracurricular activities after beginning college

Honors and Awards
Sports and Extracurricular Activities
Certifications
Work and Volunteer Experience (next slide for more detail)

16

Volunteer Hours; Information Required

- Employer:
- Position:
- Supervisor's Name (1st and Last)
 - Supervisor's Title, Phone #, Email
- Start and End Date (Month and Year)
 - Number of Weeks
 - Hours per Week
 - Total Hours at Experience

17

Fees

- **DICAS Application Fee**
 - \$50 for first application, \$25 for each additional application but may change
- **Internship Program Fee**
 - Each program must be sent a check directly to them. See their website for fee and who to write the check to.
- **DnD Computer Matching Fee**
 - \$65 (starting with spring 2023 match)
 - www.dnddigital.com

18

NIFA program support for DI application fees

○ Who is Eligible?

All QC N&D students who self-identify as an underrepresented minority group!

Please email Dr. Kant:

1. introduce yourself
2. Number of DI applications you plan to submit.

19

Application Checklist

- Completed Application on DICAS and include
 - Personal Statement and other required areas
 - Letters of Reference
 - Minimum of 3
 - Resume
 - Declaration of Intent/Verification Statement
 - Transcripts mailed to DICAS
- File with DnD Digital
- Pay fees to DICAS, DnD, DI Program

20

Personal Statement

Required Questions that must be addressed:

- **Why do you want to enter the dietetics profession?**
- **Discuss experiences that have helped prepare you for your career. For example:**
 - Nutrition Volunteer Experience - provide specific examples; what you did and what skills you learned
 - Employment History – show how your work skills relate to skills necessary for the nutrition profession
 - Club Officer - address how you used leadership and communication skills to enhance the club goals (this can include position in clubs other than the dietetics club)
- **What are your short-term and long-term goals?**
 - Provide specific goals, personalized to you and what you see as your possible career path. You are not obligated to stay with this once you complete your internship.
 - Do not write "I would like to get into an internship and become an RDN once I am done with the internship". Everyone applying wants to do this.
- **What are your strengths and weaknesses or areas needing improvement?**
- **What other information do you consider important for the selection decision?**
 - Consider aligning to the program's mission statement and/or specific rotations that align with your goals

8000 characters, ~1000 Word limit

Compose the statement in Word – check for spelling and grammar, then cut & paste. Do this for every draft.

You ~~can~~ should write and title a different personal statement for each program you apply to.

21

References

- A minimum of 3
 - Faculty, Employers or Volunteer Supervisor
 - You must formally ask the person, **preferably in person**
 - If you do not have prior approval from the reference letter writer they can press deny on DICAS and you no longer have a recommender
 - Some DI Directors may request an additional reference
 - DICAS can upload up to 4
- Email sent to reference person to fill in table (next slide) and write a paragraph about you
- Student notified when complete
- Your letters of recommendation **DO NOT** need to be complete in order for you to submit your application.
- For reference letter requests to Dr. Fischer you must have taken a course with her, and earned a minimum of an A-.

22

Letters of References

- An assessment of your academic/professional strengths and weakness qualities will be evaluated from the check list shown to the right
- Written information about your strengths, weakness, area of improvement will also need be included

QUALITIES	Outstanding	More than Satisfactory	Satisfactory	Needs Improvement	Unsatisfactory	Unable to Evaluate
Application of Knowledge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition Content	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medical Nutrition Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Food Service Management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Analytical Skills/ Problem Solving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Conceptual Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communication Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oral	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Written	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interpersonal Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Peers/Co-Workers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Teachers/Supervisors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Leadership Potential	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Initiative/Motivation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Punctuality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Adaptability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaction to Stress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Perseverance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Creativity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Organizational Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Works Independently	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Responsibility/Maturity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall Potential as a Dietitian	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

23

- All OFFICIAL transcripts are to be sent to DICAS
- Request from all college(s) early in the process

Transcripts

- Not required but suggested you provide **Transcript Request Form**, available through DICAS, to each college when requesting transcripts. If your current name is different from the name listed on your transcript, you MUST include both your current and former name on the Transcript Request Form.
- QC transcripts sent by the registrar office are by US mail. Transcript orders are generally fulfilled within 7-10 business days to arrive at the destination from the day you receive an email stating the request was completed.
- Pending issues that must be addressed BEFORE requesting the transcript are any holds on your account, check the box to include attachment but forget to add it the order will be cancelled after 30 days after all, if any, pending issues have been resolved.
- For Spring application request that your QC transcript includes the fall grades
- This is the address your transcripts must be sent to.
 - DICAS Transcript Department**
PO Box 9118
Watertown, Massachusetts 02472
- If you request Overnight **FedEx** it must be paid through Credentials Solutions Customer Service order on-line via www.credentials-inc.com/tplus/?ALUMTRO002690.
 - To be sent to:
 - DICAS – Student Name, optional -DICAS ID#)**
 - 311 Arsenal Street**
 - Watertown, Massachusetts (MA) 02472**

Using FedEx allows tracking

- If you are a second bachelor's degree student with an international transcript check with the DI directors of the programs you are applying to if they require a copy of your international transcript or an official evaluation from an agency approved by ACEND.
- DICAS will**
 - Verify transcripts for authenticity
 - DICAS will scan them into your DICAS account so Dietetic Internship directors can view them. It takes up to 10 business days from when DICAS receives the transcript to include them in your DICAS account.
 - Some students are requesting 2 transcripts be sent; one without their grades for their last semester of enrollment at QC, and 1 with their last semester or enrollment
- Hard copy must be sent to internship director after acceptance**

Customer service number 1-847-716-3005

24

Entering Coursework

- **Under Education Information must list colleges attended**
- **Under Coursework**
 - Student lists all courses taken (not Didactic Program in Dietetics (DPD) courses only) in the order of the semester attended from each college where DPD courses were completed
- Use the **DPD Course List** posted on the QC Nutrition and Dietetics webpage and your OFFICIAL transcripts as a guide for entering the courses
 - [Nutrition and Dietetics Webpage](#)
- **Indicate courses as Science or Professional**
 - **Science Courses-** Chemistry and Biology
 - **Professional Courses-** FNES and Psychology
- Enter the grade shown on your transcript
 - For Spring 20 grades use the DICAS option "COVID-19" if you chose a CR grade for a class that might have usually been offered only A-F
- **For DPD courses not taken at Queens College you must use the advisement sheet developed when you first declared your major. Contact me if you need a copy.**
- Enter courses transferred in under the institution where you originally took the course, exactly as they appear on the original school's transcript.
- Special classification: As long as you have letter grades, your courses from Queens College do NOT get a special qualification.
- DICAS will calculate GPA

25

Declaration of Intent and Verification Statement

- Applicant will request either:
 - **Declaration of Intent**
 - For students who have not yet earned their Bachelor's degree and/or completed all DPD requirements.
 - For students enrolled in courses applying to the Fall (Sept 25) or Spring (Feb 15) deadline
 - **Verification statement**
 - For students who have received their Verification Statement which requires completion of a Bachelor's degree and all N&D coursework.
- Nutrition and Dietetics Director completes online
- It is sent back to the student. Student then approves with electronic signature.
- If needs editing, students to send back to Director who corrects and then sends it back to student for electronic signature.
- **Verification Statements are sent to students 8-12 weeks after they graduate to the address you have on CUNYfirst. Make sure it is up to date.**

26

Supplemental Portion of Application

- Student is responsible to determine if a particular DI requires additional material and what they require
- You must scan all supplemental material into one electronic file, i.e., pdf
- You can upload *one* file. Whatever needs to be submitted as supplemental, must be in that *one* file.

27

Internships that start in August each year

- **February 15th – Deadline**
- ~First Thursday in December – DICAS and DnD sites open
- Last week in March you can change the order of preference of your applications with DnD Digital
- Can reorder ranking of your DI last week in March
- ~ April (first week) - notified if matched or not to a Dietetic Internship (date is different each year)
- ~ 1-2 days after match period - Second Round Match for programs with openings
- Dietetic Internships start ~end of August

28

Internship that start in January

- **September 25 - site closes to applications**
- ~Mid July – DICAS and DnD sites opens
- Can reorder ranking of your DI last week in October
- ~ November- notified if matched or not to a Dietetic Internship (date is different each year)
- ~ 1-2 days after match period - Second Round Match for programs with openings
- Dietetic Internships start in January

29

DnD Digital Ranking your DI Sites

- **Rank your DI by your preference choice!!!**
- The computer matching system will defer to your preference. For example:
 - You apply to Queens and Alaska DI's. You put the Alaska DI as your first choice because you think your chances of getting in are better.
 - Both Queens and Alaska choose you.
 - You will be matched to Alaska.
- Must rank them by the deadline date for submission of your DI application
 - Feb 15 for Spring match
 - September 25 for Fall match
 - But can **reorder your ranking**
 - Spring Match – **last week in March**
 - Fall Match ~ **last week in October**

30

DICAS Records

- Applicants matched to a dietetic internship program files will be temporarily archived.
- Applicants not matched to a dietetic internship will be saved.
 - For letters of recommendation, when you re-open your file you can request letters of recommendation be kept or deleted.
 - Declaration of Intent are not kept.
 - Applicants can update information when DICAS reopens.

31

Second Round/Phase II

- **Apply to Second Round/Phase II Selection**
 - After DI Match date if a DI has not filled all their slots they will accept applications within 3-5 days after the match date
 - Applicants should have a DPD verification statement or be within an academic semester of earning their verification statement.
 - Applicants do NOT have to participate in the first computer match to be eligible to apply to DI programs in the Second Round/Phase II selection. "Non-matched" applicants could be individuals who did not participate in 'first round' the match.
- **To apply to Individualized Supervised Practice Pathways (ISPP) candidates must meet one of the following:**
 - Graduates who "did not match" to a dietetic internship, but who possess a DPD verification statement (must have participated in the match and received a "no match"); or
 - Individuals holding a doctoral degree without a DPD verification statement; however eligibility requirements and options may vary by program.

34

Alternative Plans

- **If you did not apply or were not accepted you are asked to meet with me to receive your Verification Statements**

35

Dietetic Technician, Registered (DTR) Credential Exam

- **Dietetic Technician Registered (DTR) Exam**
 - Request submission for the DTR exam via email to N&D Director after you have received your Verification Statements (8-12 weeks after you graduate)
 - **Provide your email address and**
 - **Legal name shown on your driver's license or passport which will need to be presented when you take the exam. If it does not match, even just an initial, you will be turned away and forfeit you fee for the exam.**
- **DTR Study Guides**
 - Registration Examination for Dietetic Technicians, 7th Ed.
 - Practice Examination voucher for the Practice Registration Examination for Dietetic Technicians
 - <http://www.eatrightstore.org/products/books-publications/study-guides>
 - Study Buddy review manual
 - CD-rom with 2 practice exams, 100 questions each. www.dtrstudybuddy.com.

36

Alternative Plans

- **Apply to Graduate School**
- **Obtain a Certification**
 - ServSafe
 - Certified Dietary Manager (CDM)
 - [Ocbdmonline.org/](http://ocbdmonline.org/)
 - Certified Lactation Specialist
 - IBLCE.org

37

Alternative Plans

- **Find a Job within Dietetics**
 - **Job Search Sites**
 - [_NYRDJOBS@gmail.com](mailto:NYRDJOBS@gmail.com)
 - Send an e-mail to request to join; introduce yourself (i.e., your nutrition or career goal)
 - Check in 2-4 weeks, if you haven't received any emails resend
 - <http://www.nutritionjobs.com>
 - www.monster.com
 - <https://www.usajobs.gov/>
 - <https://www.linkedin.com>

38

Employment Opportunities

- **Clinical**
 - Nursing Homes, Hospitals, Assisted Living Facilities
 - Food Service Supervisor/Manager
 - Hospitals, Nursing Homes, School Food and Nutrition Programs
 - Foodservice Contract Companies (i.e., Aramark, Sodexo, Morrison)
- **Research**
 - Research Assistant or Coordinator
 - Universities and U.S. Department of Agriculture
- **Community**
 - Women Infant Children –WIC
 - Fitness Centers, Home Health Services
- **Writing on nutrition for publications, websites and blogs**

39

NY State Certification in Dietetics Nutrition (CDN)

<http://www.op.nysed.gov/prof/diet/>

- Need 800 hours of supervised practice hours signed off by an employer or volunteer supervisor, who is an RD or CDN, stating you are able to:
 - *“Assess nutrition needs and food*
 - *Plan for and direct the provision of food appropriate for physical and dietary needs*
 - *Provide nutrition counseling, such as advice on dietary changes*
 - *Plan menus and direct the preparation of food to meet dietary needs”*
- No graduate degree requirement current
- Must pass RD exam by NYSED request, so it does not provide you with a credential other than CDN
- Insurances accept the CDN credential for reimbursement purposes

40

Dietetic Internship Basics

- All internships must provide a total of **1000 hours** of supervised practice in a combination of:
 - **Food Service**
 - **Clinical**
 - **Community**
 - **Optional: Emphasis Area/Concentration**
 - Ex., Clinical, Advanced Community, Future Trends in Dietetics
- Must complete the internship to take the RDN exam
- **To take the RDN exam the Commission on Dietetic Registration of the Academy of Nutrition and Dietetics will require the addition of a Master's degree (~36 credits) if a Dietetic Internship has not been completed by December 31, 2023.**
 - Latest start date is accordingly March 2023, which is where you would be if accepted, e.g. to the spring start at Presbyterian.
 - A few programs offer June to December, for 2023 only; N&D will qualify per communication with program directors

41

Types of Dietetic Internships

- | | |
|--|--|
| <ul style="list-style-type: none"> ○ Hospital Based <ul style="list-style-type: none"> ○ Ex., New York- Presbyterian, Northwell ○ Benefits <ul style="list-style-type: none"> ○ They provide the learning sites ○ Strong clinical in acute care ○ One-on-one access to program director in person ○ May not offer college credits towards Master's degree ○ Should be affiliated with graduate programs ○ Free standing other than hospital-based <ul style="list-style-type: none"> ○ E.g. NutraCo, Pennsylvania Dept of Health WIC Dietetic Internship <ul style="list-style-type: none"> ○ Take a close look at the rotations and rotation sites | <ul style="list-style-type: none"> ○ College Based <ul style="list-style-type: none"> ○ Ex., Queens College, Hunter College, and Long Island University-Post, Stony Brook University ○ Benefits <ul style="list-style-type: none"> ○ They provide the learning sites ○ Will earn some graduate school college credits ○ One-on-one access to program director in person ○ Will usually earn credits toward a Master's degree ○ Most already have a MS program associated if desired ○ Information about the QC DI -> QC Dietetic Internship |
|--|--|

42

Queens College DI and Combined MS+DI

Mission


To prepare interns as entry-level registered dietitian-nutritionists in a manner that promotes flexibility and innovation in an increasingly global society

Allison Charny, MEd, RDN, CDN, CDE
Internship Director




43


DI Rotations



Clinical
14 Weeks
The Aramark Dietetic program running from September to May
Hospital & Long Term Care





Community
7 weeks Community - Programs
7 weeks Community - Counseling
- Chronic Disease Management
- Outcomes Research



Management
7 Weeks
Hospital & Long Term Care

Image courtesy of patpitchaya / FreeDigitalPhotos.net

www.qc.cuny.edu/di

44

DI - Quick Overview!

Tuition: \$8460

DI & Two Graduate Courses - Advanced MNT & Counseling

**Internship Projects - Clinical Case, Counseling/
Chronic Disease Case, Community Assessment,
Management Projects, E-portfolio, Outcomes Research
Interns presented projects at FNCE 2018 and 2019!**

Extensive Practice-testing for RDN Exam

Strong RD Exam pass rate: 2018-2021 = 90%

Application – MS completed or 24 MS credits in Nutrition completed at QC

Submit to DICAS and D&D Digital by 2/15/23 for April computer match



www.qc.cuny.edu



45

MS+DI – Quick Overview!

Tuition: \$18,330 - 33 graduate credits

4 graduate courses each fall & spring - Year 1

DI & 1 graduate course in fall & spring - Year 2

Application & Notification -

Preselect for QC DPD students for MS+DI:

- **Submit to DICAS by 1/15/22 to apply for early acceptance and decision to QC MS+DI Program**
- **Notification for MS+DI placement for Preselect is confirmed by 1/31/2022 - If accepted, no need to enter computer match**

April Computer Match for MS+DI (for remaining openings):

- **Submit application for MS/DI to DICAS and D&D Digital by 2/15/22 (for those who choose not to apply for the preselect option)**



www.qc.cuny.edu



46

Virtual Open House!

Wednesday, October 19, 12:15-1:15 PM
Monday November 14 12:15-1:15
Wednesday, January 4, 7-8 PM

Get all your questions answered 😊!

Program Overview and Q&A
Meet Director, Interns & Graduates

To receive the link: RSVP allison.charny@qc.cuny.edu

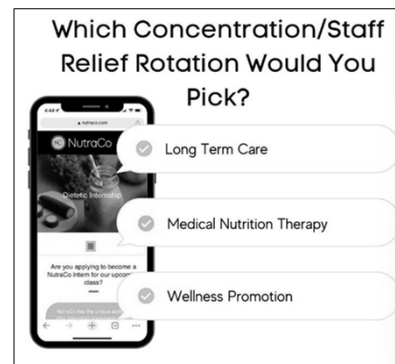
Visit QC DI website www.qc.cuny.edu/di

47

NutraCo Dietetic Internship Program

QC is working on the requisite affiliation agreement

- **Program Location**
 - Distance Dietetic Internship - across the US
- **Match**
 - Spring Match - February 15th deadline
 - Options for preselect - January 15th deadline
- **Location of Practice Sites**
 - Intern's area of choice
- **Concentration Areas**
 - Long Term Care
 - Medical Nutrition Therapy
 - Wellness Promotion



www.nutraco.com/dietetic-internship/

[in NutraCo Dietetic Internship](#)

[@nutracodi](#)

48

NutraCo Dietetic Internship Program

- ▶ Stand alone (non-degree) dietetic internship program
 - Applicant must have a graduate degree or be enrolled in a graduate degree program
 - 9 months (August - May)
- ▶ Graduate Degrees Offered
 - Master of Professional Studies - Leadership in Nutrition
 - 14 months
 - Master of Science in Human Nutrition
 - 21 months
 - Master of Public Health - Concentration in Nutrition and Dietetics
 - 24 months

**MIDDLE
TENNESSEE**
STATE UNIVERSITY

THE UNIVERSITY OF
ALABAMA

USF UNIVERSITY OF
SOUTH FLORIDA

QC is working on the requisite affiliation agreement that will include the QC MS program.

www.nutraco.com/dietetic-internship/

[in NutraCo Dietetic Internship](#)

[@nutracodi](#)

49

NutraCo Dietetic Internship Program

QC is working on the requisite affiliation agreement

- Accelerated stand alone option for 2023 only
 - All preceptors and rotation sites must be secured prior to DI start date
 - Must have a DPD Verification Statement and final transcripts by June 5th
 - Internship begins on June 5th
 - Supervised practice rotations begin in mid June
 - All program requirements must be completed by Friday, December 22
 - A graduate degree is not required
 - Graduates will receive a DI Verification Statement and will be eligible to sit for the credentialing exam without a graduate degree

www.nutraco.com/dietetic-internship/

[in NutraCo Dietetic Internship](#)

[@nutracodi](#)

50

QC is working on the requisite affiliation agreement

NutraCo Dietetic Internship Program

- **Program Highlights**
 - Flexible
 - Convenient
 - Prior Assessed Learning
 - DI Faculty support and guidance for securing preceptors
 - Database of over 475 potential preceptors nationwide
 - Job opportunities after graduation with NutraCo LLC
 - Connection with other interns
 - RDN Exam preparation

8 POTENTIAL
Acute Care Rotation Sites

www.nutraco.com/dietetic-internship/
[in NutraCo Dietetic Internship](https://www.linkedin.com/company/nutraco-dietetic-internship)
[@nutracodi](https://www.instagram.com/nutracodi)

51

Morrison

- June to December DI to complete *before* the MS requirement
 - QC spring graduation will work per communication with them.
- Full time students (Monday – Friday, 40 hours/wk).
- Spring 2023 match.
- Morrison sets up all rotations and provides all preceptors at designated locations across the country.
- Final list of locations will be posted by Nov 15, 2022 on our website at www.rdinternship.com.
- Graduate students with 18 credits complete can apply to their September class, and complete the last 18 credits plus internship through Morrison plus University of Alabama

52

Types of Dietetic Internships

○ Food Service Management Company

○ Ex., Aramark, Sodexo

○ Benefits

○ They provide the learning sites

○ If positions are available they will hire you after you complete the internship. May pay for your graduate school if you work for them.

○ Seminar with DI Director may be distance learning

53

Types of Dietetic Internships

○ Distance Learning Programs

○ You must find the supervised practice sites and the preceptor who will supervise your learning experiences. May need to find the preceptors prior to applying to the internship.

○ Ex., Wellness Workdays, Priority Nutrition Care, NutraCo.....

○ To find preceptors:

○ When volunteering develop relationships with the RDs who may be your contact for finding preceptors.

○ <https://prerd.org/> site may help you

○ Call hospital, nursing homes, clinics. Ask if they have an RD on staff.

○ Explain to the RD that you are in the midst of applying to distance dietetic internship programs which require students to locate their own preceptors, ask if they accept dietetic interns.

○ Offer to send your updated resume and references.

○ Use LinkedIn

○ Search "Find a Preceptor" on eatrightpro.org (must be a member of the Academy of Nutrition and Dietetics)

○ All Access Internship Facebook group

○ Ask other DI applicants, current dietetic interns, friends, neighbors, relatives...

54

Types of Dietetic Internships

○ Individualized Supervised Practice Pathways (ISPPs)

- Can only apply to these if you applied and were not accepted into a DI previously
- Some will allow you to apply immediately after you found out you were not accepted to a DI in the Spring or Fall match

55

Costs of Dietetic Internships

- Will cost you ~\$8500 and up

56

Types of Dietetic Internships

- **Army**
- <http://www.baylor.edu/graduate/nutrition/>
 - Tuition free master's degree plus internship program
 - Salary plus benefits equivalent to ~\$60,000/year
 - Program completed in 24 months and must remain on active duty for an additional 4 years (note that there is something before the MPN as well)
 - Application is due December 1st for the following year's August start date; does not participate in DICAS but does use DnD computer matching
 - Minimum 3.0 GPA in Nutrition and Dietetics coursework required to apply, GRE and age requirement, must be U.S. citizen
 - Recruiter: healthcare.goarmy.com 1800 USA-ARMY

57

To Find Information about Dietetic Internship Programs

- <https://www.eatrightpro.org/acend/accredited-programs/accredited-programs-directory>
- Also, **Applicant Guide to Supervised Practice** software on Remsen 308 computers
 - Or purchase \$35 eatrightpro.org- > Store-> Applicant Guide to Supervised Practice
 - General information about all DI's but detailed information of others
 - Contact Information
 - Costs
 - Minimum GPA required to apply, Average GPA of current interns
 - Area of emphasis, official or not
 - Offer P/T
 - Weeks in each rotation
 - Number of students who applied in the previous 2 years
 - Number of students they accept
 - How they prioritize ranking; science GPA, Dietetics GPA, letters of reference, personal statement, volunteer/work experience...
- **To Move Excel Columns**
 - Click on letter at top of column -> CUT (menu bar, top left)
 - Click next to column you wish to move it to (Name of Program) – Click on Insert (menu bar, top left)

58

How to Find Out More About Dietetic Internships

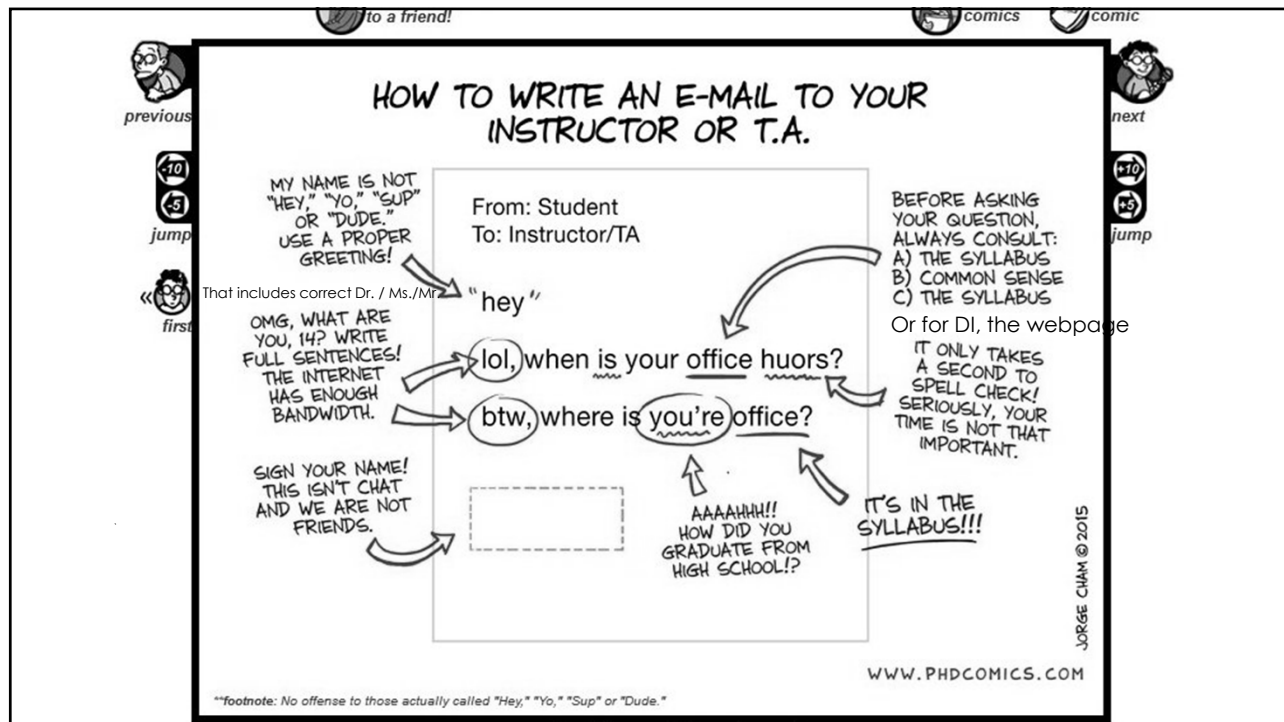
- **Attend a Dietetic Internship Fair**
 - A group of internship directors from an area will gather in one site or online
 - Ex., New York DIs at Hunter, Lehman, NYU or Queens College (location changes each year). GNYDA.org posts the date each year.
 - **GNYDA DI Fair typically in November**
 - Food and Nutrition Conference and Expo www.eatrightfnce.org/
- **Attend Open Houses**
 - There will be a list – probably by October
 - Individual internships will set a date and post it on their website and possibly on the above link when they will be available for you to tour their facility in-person or virtually, and ask questions
- If you have a good reason to not be able to attend one of the above ask for an individual meeting with the DI director
 - This is NOT a good way to be remembered by a DI Director

59

Create a Good Impression

- Every time you communicate with a DI director or their staff you are making an impression, you are being interviewed
 - Be polite
 - **READ all the instructions and the webpage before you communicate**
 - Write professionally
 - Dress professionally
 - Bring your resume/business card
 - Thank them
 - Verbally
 - In writing (get their contact information or find on their webpage)

60



61

Deciding which Dietetic Internships to Apply To

- **Know your priorities**
 - Your area of interest, ex., community, clinical
 - Affordability – do not apply to an internship you know you can't afford, or are not willing to take out a loan for
 - Location
 - Do you want to / need to obtain graduate credits
 - ONLY apply to any internship you would be satisfied attending
- **Read all information on the DI's website**
 - Ask the DI director questions that are not available on their website. Every time you contact the DI director you are being 'interviewed'.
- **Attend the Internship Fair and Open House**
 - Ask if you can speak with a current or prior dietetic intern

62

Internships that start in August each year

- **February 15th – Deadline**
- October 2022 – DICAS and DnD sites open
- Last week in March you can change the order of preference of your applications with DnD Digital
- April X (first week), 2023 - notified if matched or not to a Dietetic Internship (date is different each year) – you have to accept, within 24 hours
- ~ 1-2 days after match period - Second Round Match for programs with openings
- Dietetic Internships start ~end of August

63

Internship that start in January

- **September 25 - site closes to applications**
- ~Mid July – DICAS and DnD sites opens
- Can reorder ranking of your DI last week in October (deadline 10/31/22)
- November 6, 2022- notified if matched or not to a Dietetic Internship (date is different each year)
- ~ 1-2 days after match period - Second Round Match for programs with openings
- Dietetic Internships start in January

64