



**Spring 2023**

Department Chair: Dr. Ashima Kant [Email Prof. Kant](#)  
 Deputy Chair (Fitzgerald Office): Dr. Yaching Hung [Email Prof. Hung](#)

Undergraduate Programs				
Degree	Program	Advisors	Advising Hours	Advising Hour Method
FMS-BA	Food Management Studies	Prof. Sunitha Jasti – RE 306C <a href="mailto:Sunitha.Jasti@qc.cuny.edu">Sunitha.Jasti@qc.cuny.edu</a>	TH: 10:30 AM – 12 PM	In-person or Zoom <a href="#">Prof. Jasti's Zoom Meeting Link</a> E-mail Dr. Jasti for additional appointments
FNES-BA	Fashion and Textiles	Prof. Emily Ripley – RE 305C <a href="mailto:Emily.Ripley@qc.cuny.edu">Emily.Ripley@qc.cuny.edu</a>	M: 11 AM – 1 PM	Zoom Meeting <a href="#">Email prof. Ripley for appointment</a>
FNESED-BA	Family & Consumer Sciences Teacher Education	Prof. Fernanda Armoza <a href="mailto:Fernanda.Armoza@qc.cuny.edu">Fernanda.Armoza@qc.cuny.edu</a>	M: 1 PM – 2 PM	<a href="#">Prof. Armoza's Zoom link</a>
HDFS-BA	Human Development & Family Science	Prof. Elizabeth Riina – RE 306D <a href="mailto:Elizabeth.Riina@qc.cuny.edu">Elizabeth.Riina@qc.cuny.edu</a>	TH: 4 PM – 6 PM	Zoom Meeting <a href="#">Prof. Riina's Zoom Meeting Link</a>
		Prof. Mihaela Robila – RE 306G <a href="mailto:Mihaela.Robila@qc.cuny.edu">Mihaela.Robila@qc.cuny.edu</a>	TU: 8 AM – 8:30 AM TU: 12 PM – 1:30 PM	In-person or Zoom <a href="#">Prof. Robila's Zoom Meeting Link</a>
NUTDTS-BS	Nutrition and Dietetics	Prof. Victoria Fischer – RE 306B <a href="mailto:Victoria.Fischer@qc.cuny.edu">Victoria.Fischer@qc.cuny.edu</a>	TU: 11 AM – 12:30 PM TH: 2 PM – 5 PM	In-person
NEXSCI-BS	Nutrition & Exercise Sciences	Prof. Ann Azzollini – RG 203H <a href="mailto:Ann.Azzollini@qc.cuny.edu">Ann.Azzollini@qc.cuny.edu</a>	M: 1:30 PM – 2:30 PM TU: 12 PM – 2 PM, 2:30 PM – 4:30 PM	In-person
PHYSED-BS	Physical Education	Prof. Ariela Herman – FG 203B <a href="mailto:Ariela.Herman@qc.cuny.edu">Ariela.Herman@qc.cuny.edu</a>	M: 7:30 AM – 9:30 AM	Advising hours scheduled through Navigate
Graduate Programs				
Degree	Program	Advisors	Advising Hours	Advising Hour Method
FNESED-AC	Family & Consumer Sciences Teacher Education	Prof. Fernanda Armoza <a href="mailto:Fernanda.Armoza@qc.cuny.edu">Fernanda.Armoza@qc.cuny.edu</a>	M: 1 PM – 2 PM	<a href="#">Prof. Armoza's Zoom link</a>
FAMED-NSED				
FNES-MS	Nutrition	Prof. Ashima Kant – RE 306E <a href="mailto:Ashima.Kant@qc.cuny.edu">Ashima.Kant@qc.cuny.edu</a>	M: 4:30 PM – 5:30 PM	In-person E-mail Dr. Kant for additional appointments
	Exercise Sciences	Prof. Anoop Balachandran – FG 230Q <a href="mailto:Anoop.Thozhuthungalba@qc.cuny.edu">Anoop.Thozhuthungalba@qc.cuny.edu</a>	TU & TH: 12:00 PM – 1:30 PM	In-person <a href="#">Email prof. Balachandran for appointment</a>
PHYED-AC	Physical Education	Prof. Eve Bernstein – FG 203D <a href="mailto:Eve.Bernstein@qc.cuny.edu">Eve.Bernstein@qc.cuny.edu</a>	M & W: 3:15 PM – 4:15 PM	In-person
PHYED-MSED				
Dietetic Internship		Prof. Allison Charny – RE 306A <a href="mailto:Allison.Charny@qc.cuny.edu">Allison.Charny@qc.cuny.edu</a>	M: 12:15 PM – 1:15 PM	In-person <a href="#">Email prof. Charny for appointments</a>

**Remsen Office Staff**

George Giannopoulos    Jennifer Yang Tang    Andy Lu  
[Email George](#)    [Email Jennifer](#)    [Email Andy](#)  
 Senior CLT    Admin. Coordinator    College Assistant

**Fitzgerald Office Staff**

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