

## Queens College - Department of Family, Nutrition, and Exercise

### HUMAN DEVELOPMENT AND FAMILY SCIENCE (HDFS) PROGRAM REQUIREMENTS

This program is for students interested in working with individuals, families and children in setting such as family service agencies, family service departments of hospitals and clinics, parenting programs, foster care agencies, nursing homes, adolescents' and children's residencies, day care centers, departments of social welfare, etc. This program is also recommended for those wishing to obtain an advanced degree in social work, marriage and family therapy, school counseling, mental health counseling, human development and family science, human resources management, or child life.

**Note. Students should go to the Academic Advising Center, Kiely Hall, Room 217** (Phone: 718.997.5599 / Fax: 718.997.5643; Email: [advising@qc.cuny.edu](mailto:advising@qc.cuny.edu)) **for complete information of general education requirements.** <https://www.qc.cuny.edu/Academics/SupportPrograms/advising/Pages/default.aspx>

#### PROGRAM REQUIREMENTS (Total: 55 credits)

*	FNES 140: Child Development and Parenting	3 cr.
	FNES 147: Family Relations	3 cr.
	FNES 151: Families as Consumers	3 cr.
*	FNES 153: Individual and Family Finances	3 cr.
	FNES 163: General Nutrition (OR FNES 263 & 264 Nutrition)	3 cr.
*	FNES 248: Problems in Marriage and Family (FNES 147 Prereq.)	3 cr.
**	FNES 249: Child and Family Policies (FNES 147 Prereq.)	3 cr.
**	FNES 250: Research Methods in HDFS (FNES 147 Prereq.)	3 cr.
**	FNES 251: Child Life: Coping with Medical Problems (FNES 140 Prereq.)	3 cr.
**	FNES 256: Counseling Sexuality (FNES 147 Prereq.)	3 cr.
*	FNES 345: Theories of Lifespan Development (FNES 147 Prereq.)	3 cr.
**	FNES 347: Families in Cross-Cultural perspectives (FNES 147 Prereq.)	3 cr.
*	FNES 348: Family and Community Program Development (FNES 147 Prereq.)	3 cr.
**	FNES 349: Family Issues and Conflict Resolution (FNES 248 Prereq.)	3 cr.
*	FNES 360: Professional Development and Ethics	3 cr.
	FNES 376: Fieldwork – Community	3 cr. (1+2)

#### REQUIRED OUT-OF-DEPARTMENT COURSES (7 credits)

PSYCH 107(Statistical Methods) OR DATA 205 (Introductory Analytics)	4 cr.
*Biology 22 (Introduction to Human Physiology)	3 cr.

\*Offered Fall only

\*\*Offered Spring only

- Please note that students must have a C or better in all courses listed above.

- A student may not repeat a major course more than once beyond the initial enrollment in the course.

- Students should take the Statistics and Biology courses after their first semester in the program and no later than their third semester.

HDFS Program Director & Advisor – Dr. Mihaela Robila  
HDFS Advisor – Dr. Elizabeth Riina

✉ [Mihaela.robila@qc.cuny.edu](mailto:Mihaela.robila@qc.cuny.edu)

✉ [eriina@qc.cuny.edu](mailto:eriina@qc.cuny.edu)