

## Queens College On- and Off-Campus Resources for Students:

Updated 9/27/22

### Resources for Students in need:

#### CUNY Crisis Textline:

For students in any kind of emergency (suicide, assault, overdose, violence).

- Text CUNY to 741741

CERRU—an on-campus center staffed by anti-racist and gender-affirming advisors. They work tirelessly to help students find support. There is a link to contact them on the website for one-on-one student support and Mutual Aid: <https://cerru.org/what-we-do>

#### Office of Student Life:

Reach out to Student Life if you think a student might be at risk in some way, dealing with mental health issues, food or housing insecurity, unable to pay for books. There are emergency grants that they can steer students toward, and can sometimes help with emergency housing.

Contacts:

- Jennifer Jarvis, VP of Student Affairs ([vpsa@qc.cuny.edu](mailto:vpsa@qc.cuny.edu) )

#### Knight's Table Food Pantry:

On-campus Food Pantry providing non-perishable food, personal hygiene products, snacks, and laundry cards to Queens College and CUNY students. Follow their social media accounts for notifications about free Farmer's Markets on campus.

- <https://qcknightstable.org/>
- Additional resources: <https://qcknightstable.org/assistance/>

#### Petrie Grants for Student Emergencies:

Funds for students experiencing hardship:

[https://petriestudentemergency.formstack.com/forms/petrie\\_student\\_emergency\\_grants](https://petriestudentemergency.formstack.com/forms/petrie_student_emergency_grants)

#### NYC Well:

Free mental health counseling and referrals by text, phone or chat, 24/7:

- <https://nycwell.cityofnewyork.us/en/>

#### Sexual and Reproductive Health Resources:

A list of on-campus and community-based resources.

- <https://www.healthycuny.org/resources-sexual-health>

#### YOUNG INVINCIBLES

Network of young adults advocating for representation and resources surrounding health care, economic insecurity, higher education.

- [Resources For College Students Currently Dealing with Housing Insecurity or Homelessness in NYC](#)
- [Financial Aid and Scholarship Information for Students Dealing with Housing Insecurity or Homelessness](#)

### On-Campus Health and Child Care Resources:

Student Health Services/Campus Medical Office:

Free walk-in services include first aid, medical assessment and referrals, immunizations, blood pressure checks, DMV vision tests, and nicotine replacement products. Free condoms are available in the office. All services are confidential.

- <https://www.qc.cuny.edu/health/>
- Office: 3rd Floor Frese Hall  
Telephone: 718-997-2760  
Email: [healthquestions@qc.cuny.edu](mailto:healthquestions@qc.cuny.edu)

Counseling Services:

Individual and group counseling. Peer counseling. Referrals. All services are confidential.

- <https://www.qc.cuny.edu/cs/>
- Office: 1<sup>st</sup> Floor Frese Hall  
Telephone: 718-997-5420  
Email: [CounselingServices@qc.cuny.edu](mailto:CounselingServices@qc.cuny.edu)

Child Development Center:

Low-cost on-campus child care for students, must register in advance.

- <https://www.qc.cuny.edu/sl/child-development/>

**Immigration Services, Undocumented Student Support, International Student Support:**

- QC International Students and Scholars Office:  
<https://www.qc.cuny.edu/academics/iss/>
- CUNY Undocumented Student Support: <https://www.cuny.edu/undocumented-student-support/>
- CUNY Citizenship Now: Free and confidential immigration legal services:  
<https://www1.cuny.edu/sites/citizenship-now/>

**LGBTQ+ Resources:**

- Advocacy, healthcare, housing services, physical and mental health advising, focused on LGBTQ+ youth: <https://door.org/>
- Callen-Lorde: comprehensive health care for the LGBTQ+ community: <https://callen-lorde.org/>
- List from Callen-Lorde of LGBTQ+-serving therapists, many with sliding scale, insured, or low-cost services: <http://callen-lorde.org/graphics/2022/03/Behavioral-Health-Referrals-Print-Version-Updated-03-21-2022.pdf>
- The NYC Anti-Violence Project: <https://avp.org/>
- Pride Institute, LGBTQ+ Substance Abuse counseling: <https://pride-institute.com/>
- HUNTER PRIDE list of many NYC-based mental health resources for the LGBTQ+ community: <https://www.prideresearch.org/mental-health--wellness.html>