



CUNY Study Abroad Program – January 2024

The following study abroad program has been developed in collaboration with CUNY. Hellenic American University offers customized programs for its partners to meet specific learning outcomes, content requirements, and curricular needs.

A few words about HAU:

Hellenic American University operates two campuses; one in Nashua, New Hampshire and one in Athens, Greece and is accredited by the New England Commission of Higher Education (NECHE). The Athens Campus is located in a walking distance from the Acropolis, the Parliament, ancient Greek and Roman agoras, and the first modern Olympic stadium. Greece, the birthplace of democracy and cradle of western civilization, offers extraordinary opportunities for a rich learning experience. Yet, Athens is also a vibrant modern metropolis which remains affordable, safe, and friendly.

1. Your itinerary Overview

The following itinerary is a working document (last updated 10/18/2022).

Wednesday, January 3, 2024

- Arrival at Eleftherios Venizelos Airport
- Transfer to the apartments by bus (A representative of the University will be there)
- Welcome Dinner

Thursday-Friday, January 4–5, 2024

- Course: The Sociology of Food and The Mediterranean Diet
- Lunch at Babades
- Free time

Saturday, January 6, 2024

- Visit the Acropolis Hill and the New Acropolis Museum

Sunday, January 7th, 2024

Free Day to explore the city

WEEK 2 (January 8th – January 11th, 2024)

- Course: The Sociology of Food and The Mediterranean Diet
- Lunch at Babades
- Free time

Friday, January 12th, 2024

- Trip to Elefsina and Sounion, visit the archaeological sites
- Departure for Athens

Saturday, January 13th, 2024

- Trip to Delphi, visit the archaeological site
- Lunch (not included)
- Departure for Athens

Sunday, January 14th, 2024

Daily Cruise to Hydra-Poros-Aegina

WEEK 3 (January 15th– January 18th, 2024)

- Course: The Sociology of Food and The Mediterranean Diet.
- Lunch at Babades
- Free time

Friday, January 19th, 2024

- Trip to Sparta
- Olive oil experience
- Overnight in Sparta

Saturday, January 20th, 2024

- Departure for Mycenae and Epidaurus
- Overnight in Naplion

Sunday, January 21st, 2024

- Free time in Nafplion
- Departure for Athens

Monday, January 22nd & Tuesday, January 23rd, 2024

- Course: The Sociology of Food and The Mediterranean Diet.
- Lunch at Babades
- Free time

Wednesday, January 24th, 2024:

- Departure

2. Application Deadline:

The application deadline is October 30th. Once the deadline is due, CUNY will send the list of participants to the Office of Student Affairs and International Programs.

3. Financial Details:

The cost for this study abroad program is:

- a) \$2,700 per student for a group of 10 students and 2 faculty members

The price includes:

1. Transfers from and to Athens International Airport (assuming group arrival and departure)
2. Accommodation in apartments in Athens
3. Welcome Dinner (depending on the arrival time)
4. Lunches at Babades during the weekdays, as described
5. Transportation during traveling outside Athens
6. Accommodation in Sparta and Nafplion
7. Tickets to the archaeological sites
8. 3 credits
9. Cost for two faculty members