



From the Office of Human Resources:

The Fall 2023 Health Benefits Open Enrollment/Transfer Period will be from November 1-30, 2023. During this period, employees may change health plan elections and add or drop a rider, dependents, etc. The effective date of change will be January 1, 2024.

For more plan details, including rates, go to:

- NYC Health Benefits Program:
<https://www1.nyc.gov/site/olr/health/healthhome.page>
- NYC Health Benefits Program Health Plan Rates:
<https://www.nyc.gov/assets/olr/downloads/pdf/health/employee-rates-september-2023.pdf>
- Health Benefits Application:
<https://www.nyc.gov/assets/olr/downloads/pdf/health/employee-health-benefits-application.pdf>
- Summary of Benefits and Coverage:
<https://www.nyc.gov/site/olr/health/summaryofplans/health-sbc.page>

All open enrollment/transfer period documents must be submitted to the Office of Human Resources – Compensation & Benefits Unit via email to OHR.Benefits@qc.cuny.edu.

If you have any questions or concerns, please contact the benefits unit at OHR.benefits@qc.cuny.edu.

This year's **open enrollment benefit presentations** will take place virtually on **Thursday, November 2**. These valuable presentations will include an overview and program highlights as well as a question-and-answer period. Access the Zoom at <https://bit.ly/46Pays9>.

Morning Session 10-11:45 am

- Emblem Health at 10 am
- MetroPlus Health at 10:45 am
- PSC-CUNY at 11:15 am

Afternoon Session 12-1:30 pm

- MetroPlus at 12:00 pm
- Emblem Health at 12:30 pm
- PSC-CUNY at 1:00 pm



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