We are CREAR Futuros at QC!



Sofia Keshawarz is a Puerto Rican/Afghan heritage senior majoring in psychology. Sofia was a competitive gymnast and a classically trained percussionist for many years. During her time at QC, she has worked in the childcare department

at the YMCA and has also been a former CREAR Futuros mentee. Some of Sofia's passions include the love of animals and staying active at the gym. With her passion in mental and physical health, she hopes to make a difference in the world by becoming a psychiatric nurse practitioner. Sofia ascribes to the philosophy that a healthy lifestyle includes a 'mind-body approach.' With this, she believes that a support network like CREAR is a necessary component of well being. She is committed to working with people, so they can live their best lives.



Alejandro Gutierrez is a Colombian senior majoring in International Business. He considers family very important because they have motivated him to follow his dreams and support him no matter what. He is interested in personal growth through books,

experiences, and courses, because he believes that we need to accept ourselves and know who we are to be able to help others and have empathy. His hobbies include reading, binging on shows, working out, and fashion. Some of his goals in life are to dedicate time to traveling to create experiences and learn from other cultures. Professionally, he wants to be his own boss, to have individual autonomy and one day merge his knowledge with his interests in the fashion industry or to help others propel. A very important goal is that he wants to be more involved in the LGBTQ+ community to learn about it and help those who have difficulty accepting themselves as he is a part of it.



Aylin Johnson is an Ecuadorian-American college junior majoring in Sociology and minoring in Writing. As a mentee of different organizations since 2018, she knows the importance of building community

ties to uplift one another. In her professional life, she has been a mentor for freshmen transitioning to high school, celebrating their achievements, and guiding them through any challenges to have a healthy school life. She hopes to become a research analyst to work with data to push for social reform, especially for LGBTQ+ folks. When Aylin isn't working, studying, or hanging out with friends, they enjoy reading comics, exercising, and playing guitar.



Kathy Zamora is a Mexican-American junior majoring in TESOL Linguistics to become an ESL teacher and speech pathologist to allow children from different backgrounds to have a voice. The children are the change in the future and helping

them along the way will better our future beliefs that everything works better in a team because a team becomes a family. She is very family-oriented, and being the eldest of three siblings has allowed her to want to make the change and set an example for her siblings to follow. Kathy was a former mentee and now wants to help guide new incoming freshman and sophomore students. Some of her hobbies are reading, finding new recipes to cook, traveling, and meeting new people. Any dream is possible as long as you take the first step. The first step is to try!!







A project of the Hispanic Federation and The City University of New York



CREAR Futuros provides an exclusive opportunity for incoming freshmen, sophomore and transfer students at the City University of New York (CUNY) to position themselves on a path to success!

What is CREAR Futuros?

CREAR Futuros, which means "To Create Futures" in Spanish, is a peer-mentor based initiative designed to improve student success at targeted CUNY colleges.

CREAR (Colleges Readiness, Achievement and Retention) students will be paired with knowledgeable and highly trained upper-class CUNY peer-mentors that will introduce them to campus resources (financial aid, course selection, tutoring), provide tips on how to reduce stress, manage time wisely, and offer expert insight on how to make the most out of their time at CUNY.

This competitive program will grant participants internships and professional development opportunities, and access to a range of free social support services.

Who is Involved?

Hispanic Federation, a leading Latinx advocacy and nonprofit membership organization, and CUNY are partnering with Latinx community-based agencies, the NYC Department of Education, public policy stakeholders, and business leaders to launch this esteemed program committed to achieving systemic change and large scale collective impact on Latinx college access, retention and graduation.

Am I Eligible?

Students who have an interest in improving the success rates for Latinx students in higher education are encouraged to **apply quickly and are selected on a first come, first serve basis.**

This program is open to all incoming freshman, sophomore and transfer students with under sixty college credits of all races and ethnicities, attending:

- Borough of Manhattan Community College
- LaGuardia Community College
- Lehman College
- John Jay College of Criminal Justice
- New York City College of Technology
- Queens College

Who are my CUNY Campus Reps?



Alejandro Mendez is a Colombian senior student majoring in Computer Science. Since coming from Colombia, his goal has been to work hard to find better opportunities and help his parents economically. Alejandro currently works in The Summit Apartments as a Resident Assistant. His goal

is to be part of NASA's Artemis program, and he plans to achieve it by working hard on his career while encouraging other students to achieve their dreams. He firmly believes that society should work with each other to grow and possibly attain the unthinkable, like landing the first woman and the next man on the moon.



Irving Uribe, M.F.A.

Queens College, CUNY Executive Assistant for the Vice President for Student Affairs and Enrollment Management <u>CREAR Futuros</u> Campus Liaison

Why Should I Sign-up?

- Join a National Network of Latinx Leaders
- Receive 1-on-1 Mentorship Support from a Queens College Junior or Senior
- Access to Professional Development Opportunities
- Access to a network of Latinx professionals in the public and private sectors
- Exclusive Hispanic Federation and partner events
- Special workshops
- A fun, cultural environment!

What Are My Responsibilities?

- 1 year commitment (September through May)
- Engage in communications with your mentor
- Attend monthly in-person/virtual trainings/webinars
- Attend biweekly one-on-one in-person/virtual meeting with your mentor

How Do I Sign-Up?

Mentees are recruited on a first come first serve basis.
Simply send an e-mail to <u>crearfuturos@qc.cuny.edu</u>



For more information on CREAR Futuros, please visit hispanicfederation.org